16TH ANNUAL NY CITY
SHOE-INN WAREHOUSE SALE
6 MORE DAYS!
GOTHAM HALL
JAN 3 -8 · 36th & BROADWAY
FRI, MON - WED 9-7
SAT & SUN 10-5
EXTRA 10% OFF ON SAT & SUN!

FILMS: GETTING SOME DICKENS

FELICITY JONES PLAYS AUTHOR'S MISTRESS. PAGES 20-21

metro®
NEW YORK CITY'S #1 FREE DAILY NEWSPAPER
Monday, January 6, 2014 www.metro.us | t: MetroNewYork | f: MetroNewYork

NEW YORK GOES GREEN

Painkiller. Gov. Andrew Cuomo is set to announce that New York will legalize medical marijuana in his State of the State speech, according to the Drug Policy Alliance.

Conservative plan. The program would target people with serious illnesses and the marijuana would be distributed through 20 hospitals statewide. PAGE 02

Hey, girl, let's get you into college

PAGES 16-17

Elba shaken, not stirred, by rumors

PAGE 19

Bumming out is so last year

PAGE 24

SHEN YUN
神韻晚會 2014

FRIDAY IT BEGINS. 10 SHOWS ONLY!

"I was in heaven watching it!"
—Andrea Huber, veteran dance critic

"5,000 Years of chinese music and dance in one night …"
—The New York Times

JAN 10–19
LINCOLN CENTER
DAVID H. KOCH THEATER
Call: 800-818-2393
Visit: ShenYun.com/NYC

1 NEWS

Top 3

Trending online at Metro.us

1 'There will be no Bear Rocknroll for Kate Winslet'

2 'VIDEO: Greyhound wears Batman pajamas while playing in snow'

3 'Is it possible to have two penises? Science and Reddit say yes'

Quoted

"We have not set a date yet. ... With all the snowstorms and planes landing on the Deegan Expressway, we've been kind of busy."

De Blasio on move to Gracie Mansion

Gov. Andrew Cuomo will lay out details in his State of the State speech on Wednesday. / GETTY IMAGES

Cuomo to legalize medical marijuana

Treating illness. The governor will make New York the 21st state to approve medical pot, according to a report.

In a surprise reversal, Gov. Andrew Cuomo is expected this week to announce an executive action that would allow the limited use of medical marijuana by people who are seriously ill.

The governor will detail his plans in his State of the State speech on Wednesday. The executive order will bypass the legislature to create an interim medical marijuana program based on a 1980 law allowing the use of controlled substances in treating serious illnesses. The New York Times first reported the plans Saturday.

"The program will involve distributing medical marijuana through 20 hospitals statewide to patients who meet a narrow list of qualifying conditions," the Drug Policy Alliance said in a statement.

The decision would add New York to the growing list of states to lift restrictions on marijuana in some capacity, making it the 21st to do so. Cuomo's speech comes just a week after the drug became legal for recreational use in Colorado.

Local pro-legalization politicians hailed the report as a crucial step toward future legalization on a broader scale.

"I'm thrilled to learn that Gov. Cuomo's views on this issue are evolving," said Democratic state Sen. Liz Krueger, who introduced the Marijuana Regulation and Taxation Act in December, which sought to legalize and tax marijuana.

New Yorkers overwhelmingly support medical marijuana. A poll conducted in May 2013 by Siena College Research Institute and Drug Policy Alliance found that 82 percent of state and 79 percent of city registered voters support medical marijuana, with equal support from Democrats and Republicans.

Tax and regulate

"Many of the states that have pursued medical marijuana are now moving toward full tax-and-regulate systems, which are ultimately more practical, fairer and better for taxpayers. But in the meantime, Gov. Cuomo's proposal is a very positive step."

Sen. Liz Krueger

EMILY JOHNSON
letters@metro.us

Flights from the airport were halted for an hour. / GETTY IMAGES

Air travel. JFK flights resume after plane skids off icy runway

Flights at John F. Kennedy International Airport were suspended for about an hour on Sunday morning so that the icy tarmac could be salted after a plane skidded off the runway, officials said.

An Endeavor Air flight out of Toronto made a safe landing but slid into a snowbank as it began taxiing off the runway around 8 a.m. None of the 35 people aboard were injured and the plane was towed to the gate. Flights were halted and then resumed shortly after that.

The FAA is investigating the incident.

EMILY JOHNSON

Murder

The vehicle / NYPD

Brooklyn developer kidnapped, found dead

The body of a kidnapped Williamsburg real estate developer was found in a Long Island dumpster on Friday, police said.

Menachem Stark, 39, was last seen leaving his office at 331 Rutledge St. in South Williamsburg around 11:35 p.m. on Thursday night. Grainy surveillance video shows two people struggling with him for about two minutes as they forced him into a light-colored 2006 or 2007 Dodge Caravan before fleeing east on Broadway.

Stark's badly burned body was found Friday afternoon 16 miles away on Long Island, in a dumpster at a Getty gas station in Great Neck, Nassau County, police said. The investigation has changed hands from Nassau County to the NYPD.

EMILY JOHNSON

Chilly week

More cold temperatures coming

After a brief reprieve from the cold Monday morning, New Yorkers better bundle up.

Temperatures will drop to 9 degrees Monday night after reaching a high of 47 during the day, according to the National Weather Service. Wind chills will reach as low as minus 8 degrees, with gusts up to 40 mph. Temperatures will reach a high of 13 degrees Tuesday.

ANNA SANDERS

Limited Time Offer

FREE DVR

service for 3 months when you sign up for a qualifying package.

TV PACKAGES
starting at
19.99
per month

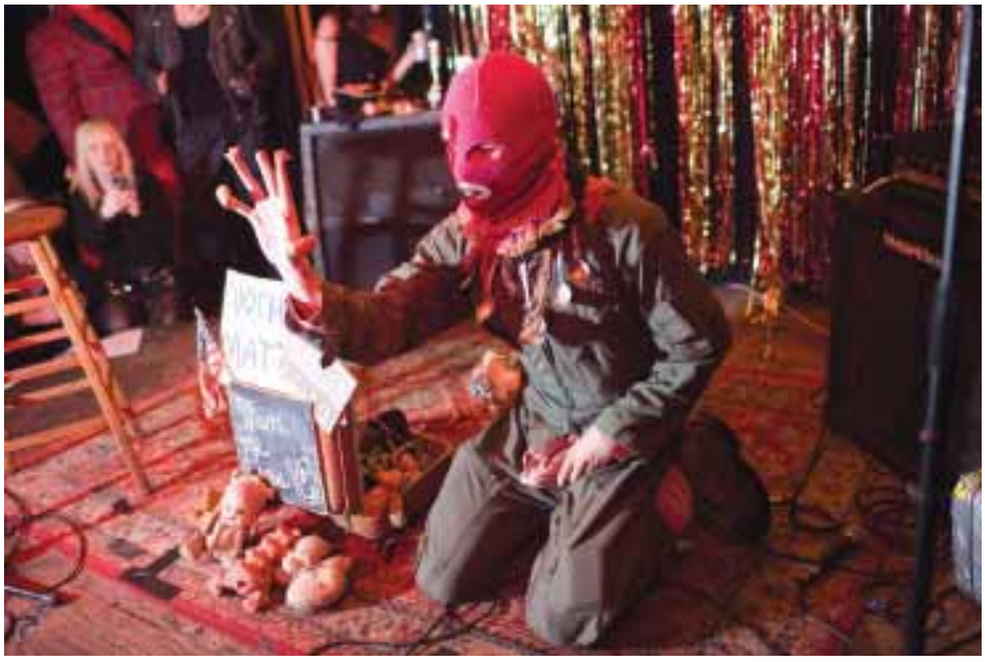
1-855-392-6738

Hurry! Offer ends 1/13/14

twc.com

Time Warner Cable® | ENJOY BETTER

Subscription to DVR service required to receive 3 free months. Free DVR service offer expires 1/13/14 and is available to new Residential customers or existing Internet or Phone customers who sign up for qualifying TV packages. By enrolling in this promotion, customer agrees to be bound by the terms of TWC's Subscriber Agreement which can be found at http://help.twcable.com/html/twc_sub_agreement.html. Additional charges apply for equipment, installation, surcharges and taxes & fees. Call 1-800-TWCABLE to cancel at any time. After promotional periods, regular rates apply. Some restrictions apply. Time Warner Cable and the eye/ear logo are trademarks of Time Warner Inc. Used under license. All other trademarks are property of their respective owners. ©2013 Time Warner Cable Enterprises LLC. All rights reserved.



Guys rule at Lower East Side pageant

Raunchy and rowdy was the theme at the 15th annual Mr. Lower East Side Pageant that took place on Friday night at the Cake Shop. The event, which celebrates the artistic and freewheeling spirit of the historic neighborhood, was broken into three segments: a swimsuit competition, a talent show and a question-and-answer session. All women and gay men in attendance were made part of the judging panel, which crowned Matthew Silver the new Mr. Lower East Side at the end of the night, taking over from last year's winner, Johnny Bizarre. / AARON ADLER, METRO

THE TECHNOLOGY DEGREE THAT LEADS YOU INTO THE WORKPLACE!

Earn a Master's Degree in Technology with concentrations in high-demand areas:

- Data Communications
- Database Administration
- Web & App Development
- Technology Leadership
- Instructional Technology
- Web & Multimedia Design

INFORMATION SESSION:
January 8, 6:30 PM, 50 W. 23rd St., 7th fl., NYC

888-355-1283 | info.gst@touro.edu | www.touro.edu/gst

Scholarships available for those who qualify.

TOURO COLLEGE
GRADUATE SCHOOL OF TECHNOLOGY

Touro College is an Equal Opportunity Institution

New Year, January 1st. New You, January 8th.

In just a few days, hundreds of students will start fresh at Monroe. Some will transfer in from other colleges seeking smaller classes and a more focused, real world approach. Others will arrive from jobs where they realize staying employed means adding to their skill set with more education.

If you're thinking about transferring, it's not too late. Our generous transfer credit policy will allow you to apply credits earned at previous institutions toward your new degree program so that you can graduate as quickly as possible. We'll also show you how a college of big ideas can also be a small family.

Our classes start after work, on weekends and some are held 100% online, so we can build a schedule that works for you. And whether you seek an undergraduate degree or a graduate program, we'll help you build a customized course of study as unique as your career goals.

Rapid Registration Week is in Progress

Winter Semester begins January 8th

Call 1.800.55.MONROE

Bronx, New Rochelle and Online campuses

EDUCATION FOR THE REAL WORLD

MONROE COLLEGE

monroecollege.edu

"Ultimate Shoe Sale"
– Fox News 2013

16TH ANNUAL NY CITY
SHOE-INN WAREHOUSE SALE

Marc Jacobs • Stuart Weitzman • Tory Burch • Uggs • Schutz
Zalo • Jack Rodgers • Via Spiga • Tom's • Michael Kors • B. Atwood
MK Bennett • Aerin Lauder • Alice & Olivia • Vera Wang • Aquatalia
Juicy Couture • Vince • Nina • Marc Joseph • Frye • Matt Bernson • Kors
André Assous • Steve Madden • Sam Edleman • Paul Mayer • Calvin Klein
Converse • Lilly Pulitzer • Bernardo • Kate Spade • DKNY • Superga • Ash
Cynthia Rowley Fit Flops • Fiorentini & Baker • Sigerson Morrison
Charles David • DVF • Belle • Minnetonka • Vic Matie • See by Chloe
Vince Camuto • Hunter • 7 For All Mankind • Geox • Sperry Top-Sider
Dr. Martins • Dolce Vita • Enrico • Antinori • Dansko • Fly London • Freebird
Hudson • Lola Cruz • Lucchesse
PLUS weatherproof boots
& our European Designers!

10,000 PAIR OF OUR FOOTWEAR
NEW MERCHANDISE DAILY!
WATERPROOFS TOO!

3 MORE DAYS!

ALL SHOES: $25 - $50 - $75 - $99
ALL BOOTS & BOOTIES:
$50 - $75 -$100
$150 - $250
(VALUES TO $1400)

MON JAN 6, TUES JAN 7
& WED JAN 8
BLIZZARD BONUS DAY!
HOURS: MON & TUES: 9 - 7

GOTHAM HALL
1356 BROADWAY
(36TH & BROADWAY)

AMEX • VISA • MC • DISCOVER (NO CHECKS!)
FOR MORE INFORMATION CALL: 877 - SHOE-INN
WWW.SHOEINN.COM

EAST HAMPTON • ENGLEWOOD • LIVINGSTON
LONG BRANCH • PALM BEACH • RYE BROOK
WESTPORT • RIDGEWOOD • WESTHAMPTON BEACH

See more at www.metro.us

People wait in line to meet Mayor Bill de Blasio. / ANNA SANDERS, METRO

Braving freezing cold to meet the mayor at Gracie

Reception. De Blasio met thousands at Gracie Mansion on Sunday.

After waiting nearly two hours in a line several blocks long on a freezing Sunday, Marc Klein met the mayor in Gracie Mansion's first-floor library — albeit briefly.

"They weren't letting people savor the moment," said Klein, 34, a Brooklyn resident who estimated he was with Mayor Bill de Blasio for "two seconds."

Klein was one of thousands of New Yorkers who waited to take their picture with de Blasio, braving freeing temperatures during the dank afternoon.

Quibbles aside, Klein and other attendees said the short meeting was worth the wait.

Petal Hwang, 39, and her son Derek, 11, waited in the line for more than two hours to meet the new mayor.

"It belongs to all the people. Did you know that?" de Blasio asked Derek. "So you have a one out of 8.4 million share of this place."

ANNA SANDERS
anna.sanders@metro.us

Open house

"It was very nice for him to open his home to the public. I don't think any mayor's ever done that."
Marc Klein, Brooklyn resident

Homicide

Brooklyn teen fatally shot at party: Cops

A 16-year-old was shot in the head at a Brooklyn party Saturday night, police said.

Iquan Williams was at a party in Brownsville before police found him shot to death after 10:30 p.m.

He is the youngest person to be killed in the city this year, according to police.

ANNA SANDERS

High rise. Man dies in Hell's Kitchen fire

A 27-year-old man was confirmed dead after a three-alarm fire in a Hell's Kitchen high rise stranded some upper-floor residents and sent at least one other person to the hospital.

The fire broke out shortly after 11 a.m. on Sunday on the 20th floor of a building at 43rd Street and 10th Avenue, an FDNY spokesman told the Daily News, adding that two people were taken to area hospitals with critical injuries.

FDNY fire truck / GETTY IMAGES

The 27-year-old victim was pronounced dead at St. Luke's Hospital.

EMILY JOHNSON

IT'S JOIN OUR PLANET JANUARY!

planet fitness

$10 DOWN.

$10 A MONTH.

Ends January 10, 2014

Located in all five boroughs

UNLIMITED FITNESS TRAINING

Available on the App Store | Available for Android

www.planetfitness.com

Proud Sponsor Of

THE BIGGEST LOSER SECOND CHANCE

TUESDAYS 8/7c NBC

*Home Club only. Includes T-shirt. *Must be at least 18 years old, or 13 with parent/guardian. Incentives offered for enrolling in other membership. Participating locations only. Planet Fitness facilities are independently owned and operated. ©Planet Fitness. "The Biggest Loser" is a registered trademark and ©copyright of Reveille, LLC and NBC Studios, LLC. All rights reserved.

BREAKING NEWS
FREE
ZOOM TEETH WHITENING
*With cleaning, xray & exam
White teeth in one hour
with the latest LED light
IMPROVED TECHNOLOGY FOR BETTER

1 Whitening Center
200 Madison Ave, Suite 2201
212-683-2530
manhattandentalspa.com

offer exp. 1/15/14

Manhattan apartment sales at 25-year high

Prices rose 14 percent from 2012, according to the new report. / GETTY IMAGES

Price check. City apartments became even more expensive in 2013, a new report said.

Sales volumes of Manhattan apartments jumped 30 percent in the fourth quarter, a new report showed, as buyers put aside concerns about the strength of the overall economy and pushed inventory levels to historic lows.

The report by Douglas Elliman Real Estate showed that there were 3,297 sales in the closing months of 2013, the most since the company's records began 25 years ago. The supply of units was down to 4,164, its lowest level in 14 years.

"There was a sense of timing to be in, and that carried through in the last two quarters of the year to record levels," said Jonathan Miller, president of Miller Samuel Inc., a New York City real estate appraisal and consulting firm.

Miller said he expects to see modest, single-digit price growth for apartments this year, after the heightened activity of 2013. REUTERS

Analysis

Median price in Manhattan is a jaw-dropper

The median sales price for condos in New York City hit $1.32 million, up 14.3 percent from last year, according to the report.

The median sale price for co-ops, which comprise the bulk of sales, was $680,000, up 4.6 percent since last year, according to numbers in the report.

Real estate experts said that rising mortgage rates and dwindling inventories had prompted many buyers to finally take the plunge.

Not sustainable

"I don't see this as sustainable. I do see it being active in 2014, but I look at 2013 as more of an anomaly, a blip in terms of activity." Jonathan Miller

Plane lands on Bronx expressway

A small plane made an emergency landing on part of the Bronx expressway Saturday afternoon, resulting in minor injuries to the three people onboard and snarling traffic on the major thoroughfare, emergency officials said.

The single-engine plane landed on Major Deegan Expressway about 3:20 p.m. The situation was quickly brought under control, according to the fire department.

The plane had departed Danbury, Conn., for a look at the Statue of Liberty and was on its way back when it experienced an onboard emergency, according to the Office of Emergency Management.

The three people in the plane were treated at the scene for minor injuries and then transported to a nearby hospital for further evaluation, officials said.

There were no reports of car accidents linked to the surprise landing of the four-seat 1966 Piper PA, although traffic was backed up in both directions as crews worked to remove the plane. REUTERS

Taken to hospital

3

Number of people treated for injuries from the emergency landing.

The plane / FDNY

WE GOTTA BE DOING SOMETHING RIGHT!

Classic has acquired a second all-new sales location to better serve our growing following of home seekers! Closer to you! Closer to NYC!

Come celebrate with us and ask about our new incentives!

To celebrate our expansion, receive a

$14,000 GIFT CHECK

PLUS UP TO $6,000 TOWARD CLOSING COSTS!**

Closing cost allowance based on 2% of purchase price of home selected.

THE HOMESTEAD -- *A Classic Mainline Home*

now $273,900

3,392 SQ. FT. • 4 BR PLUS SPACIOUS LOFT

$9,586 DOWN PAYMENT*

$2100 per month pays all including principal, interest, taxes and insurance!

See our complete line of homes priced from $159,900

CLASSIC QUALITY HOMES

Call toll free

1-800-276-4000

Visit our all-new website:

www.classicqualityhomes.com

* Monthly payments based on FHA 30 yr. fixed interest rate of 4.3% with 4.8% APR with a finance cap of $271,000. Lower rates may apply to qualified buyers. All numbers are estimated. Conventional mtgs. also available.

** Gift offers limited to first 10 sales in January.

Say Goodbye to Painful Varicose Veins!

Do you have any of these symptoms?

- Varicose Veins • Spider Veins
- Itching and Burning
- Leg Pain and Cramps
- Heaviness and Swelling
- Skin Discoloration
- Ulcers and Blood Clots

You may have a serious medical condition, called Venous insufficiency.

USA Vein Clinics Will Help!

With a non-surgical, minimally invasive and painless procedure, that takes only 15 minutes! Covered by Medicare and most insurance plans up to 100%!

The Best Vein Center
(by Home Reporter)

USA Vein Clinics

Call **718.732.0231**

www.USAVeinClinics.com

2511 Ocean Avenue, Suite 102, Brooklyn, NY 11229 | **116-02 QueensBoulevard, Forest Hills, NY 11375** | **1153 First Avenue, Manhattan, NY 10065**

New York City's Premiere Medi-Spa and Wellness Center

manhattan **total health**

SPORTS MEDICINE • PHYSICAL THERAPY • CHIROPRACTIC
ACUPUNCTURE • MASSAGE THERAPY

Grand Central:	Midtown:	West Side:	Wall Street:
144 E. 44th St., 6th Fl.	22 E. 49th St., 5th Fl.	57 W. 57th St., Ste. 1012	39 Broadway, Ste. 610
New York, NY 10017	New York, NY 10017	New York, NY 10019	New York, NY 10006
(212) 905-0090	(212) 832-9127	(212) 906-0140	(212) 514-5868

www.manhattantotalhealth.com

'Life-threatening' cold bites Midwest

Expert warnings. In weather this cold, frostbite can set in on uncovered skin in a matter of minutes.

Officials at the Packers' Lambeau Field promised fans two free hot cocoa or coffee drinks during the game, ESPN reported. / GETTY IMAGES

Residents across the Midwest on Sunday braced for the coldest weather in two decades, temperatures that forecasters warned would be life-threatening.

Icy conditions snarled travel across the region and thousands of flights were canceled or delayed; some officials preemptively closed schools, and a plane skidded off a runway into snow at New York's JFK airport days after the Northeast was hammered by the first winter storm of the season.

"The coldest temperatures in almost two decades will spread into the northern and central U.S. today behind an Arctic cold front," the National Weather Service said in an advisory posted on its website on Sunday. "Combined with gusty winds, these temperatures will result in life-threatening wind chill values as low as 60 degrees below zero [Fahrenheit]."

But fans of the NFL's Green Bay Packers vowed to brave the weather to see a playoff matchup that could stand as one of the coldest games in league history.

The Northeast was forecast to see a brief thaw before intense cold returned late Monday.

About half of all flights arriving and departing Chicago O'Hare International Airport had been canceled on Sunday, according to FlightAware, which tracks flight statistics.

REUTERS

Flight delays

3,530

At airports nationwide, about 3,530 flights had been delayed by midday Sunday and 2,524 had been canceled.

Coldest

-36 F

The coldest temperature reported in the lower 48 states on Sunday was -36 F in Crane Lake, Minn., according to the National Weather Service.

NSA leaks. Rand Paul wants light punishment for Edward Snowden

The public debate over the fate of former National Security Agency contractor Edward Snowden intensified on Sunday with conservative Sen. Rand Paul calling for a light prison term as punishment for Snowden's disclosure of information about government surveillance programs.

Paul, a Republican, said in an interview on ABC's "This Week" that Snowden does not deserve the death penalty or life in prison for the leaks, which have rattled the U.S. intelligence community, not to mention an American public that had been unaware of the extent of NSA data collection.

Instead, Paul spoke favorably of "some penalty of a few years in prison" if Snowden were to return to the United States.

Sen. Charles Schumer, also on ABC, said Snowden should return to stand trial but that the United States should not offer him a plea bargain.

REUTERS

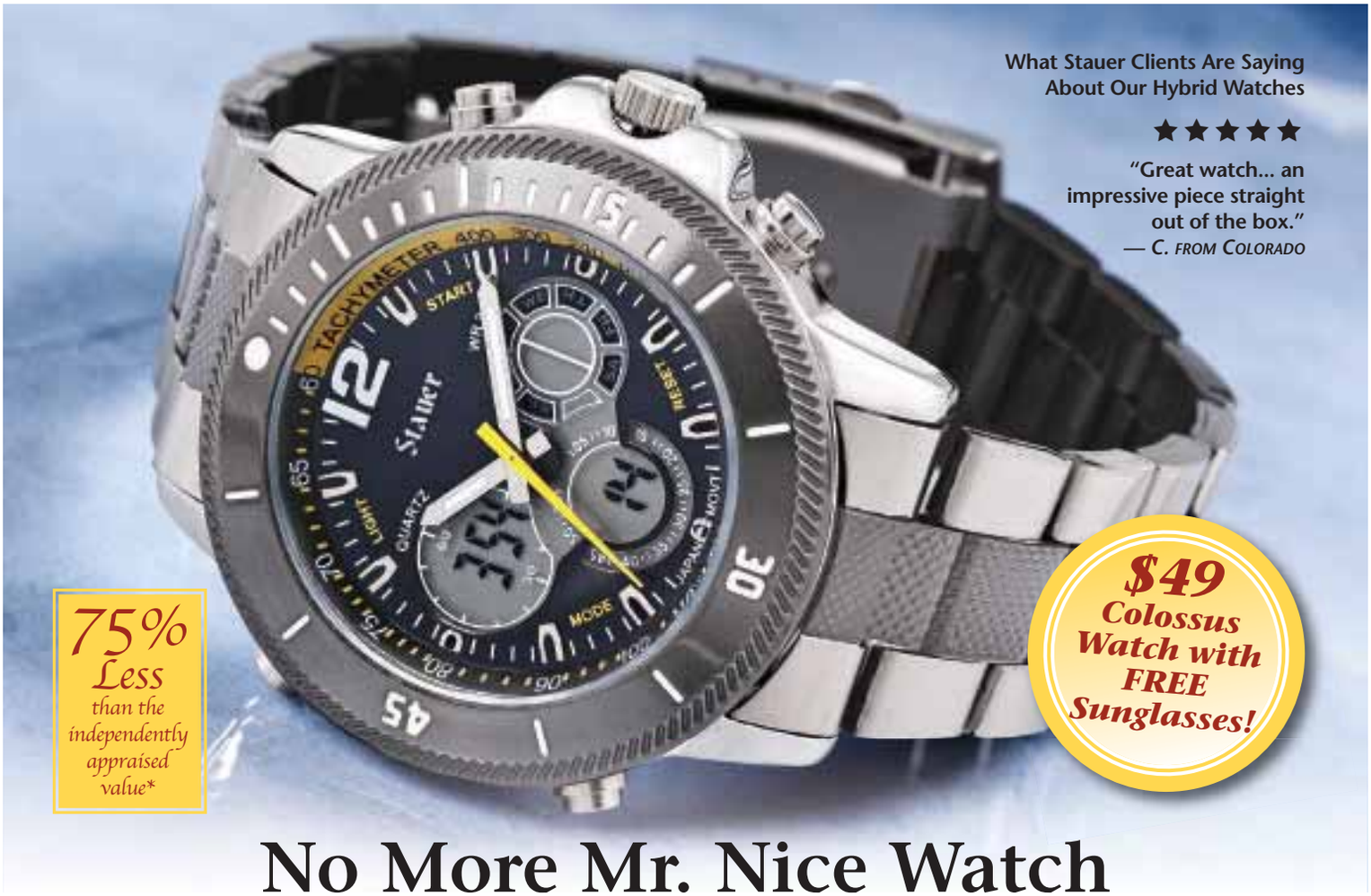
Recovery

New schools to open in Joplin after tornado

Three new schools will open in Joplin, Mo., this week, the latest step in the town's recovery from a devastating 2011 tornado that killed 161 people and destroyed 8,000 buildings.

The tornado that hit Joplin on May 22, 2011, was the single deadliest in the United States since records were first kept in 1950, according to federal agencies that track storms' impact.

REUTERS


What Stauer Clients Are Saying
About Our Hybrid Watches
★★★★★
"Great watch... an impressive piece straight out of the box."
— C. FROM COLORADO
75% Less than the independently appraised value*
$49 Colossus Watch with FREE Sunglasses!

No More Mr. Nice Watch

*Forget sleek and subtle, the Stauer Colossus Hybrid is one tough timepiece…**now for less than $50!***

Never underestimate your competition. Just ask Demetrius, the unfortunate Greek general who set out to conquer Rhodes in 305 BC. He assumed that a massive force of 40,000 men, a fleet of Aegean pirates and an arsenal of wall-smashing war machines would be enough to crush the tiny Greek island. He was wrong. The Rhodians were tougher than he thought. And so is this watch. If you've always believed that the biggest, baddest watches had to cost big, bad money, the $49 Stauer ***Colossus Hybrid Chronograph*** is here to change your mind.

A monument to toughness. The people of Rhodes were ready for Demetrius and repelled his attack. To celebrate, they built the Colossus of Rhodes, a 107-foot bronze and iron giant that towered over the harbor like a ten-story trophy. It warned future invaders that "Rhodes is tougher than you think." You give the same message when you wear the Stauer ***Colossus***.

The timepiece that works twice as hard. The ***Colossus Hybrid Chronograph*** will keep you on schedule, but it's about much more than time. The imposing case features a rotating gunmetal bezel that frames the silver, black and yellow face. You'll find a battalion of digital displays on the dial arranged behind a pair of luminescent hands and a bold yellow second hand. Powered by a precise quartz movement, the watch is doubly accurate in analog and digital mode.

The ***Colossus*** is packed with plenty of handy extras including a bright green EL back-light for enhanced nighttime visibility, a tachymeter along the outer dial and a full complement of alarms and split-second countdown timers. It secures with a folded steel bracelet that highlights a row of striking dark center links. It's a rugged watch that's more than ready for your daily grind.

More watch for less money. Big-name watchmakers raise their prices because they can get away with it. But Stauer wants to turn luxury on its head. We sent the ***Colossus Hybrid*** to an independent appraiser who works with auction houses, luxury estate sales and insurance companies. He valued the watch at $199.* We thanked him for his professional opinion and then ignored it. Because we still want you to wear it for **ONLY $49**.

Your satisfaction is guaranteed. Wear the Stauer ***Colossus Hybrid Chronograph*** for 30 days and if you are not 100% thrilled with your purchase, return it for a full refund of your purchase price. But once you get a taste of more watch for less money, it's likely you'll be back for more... and we'll be waiting.

WATCH SPECS: -Easy-to-read analog/digital modes -Back-lighting & luminescent hands - Tachymeter, countdown timers & alarms - Folded stainless steel bracelet fits a 6 3/4"–9" wrist

Colossus Hybrid Digital/Analog Watch

Appraised at ~~$199*~~ — ~~$79~~ *Now your price only* **$49** +S&P

PLUS **receive our Stauer Flyboy Optics™ Sunglasses FREE— *a $99 value!***

Call now to take advantage of this fantastic offer.

1-888-277-8380

Promotional Code CHW699-07
Please mention this code when you call.

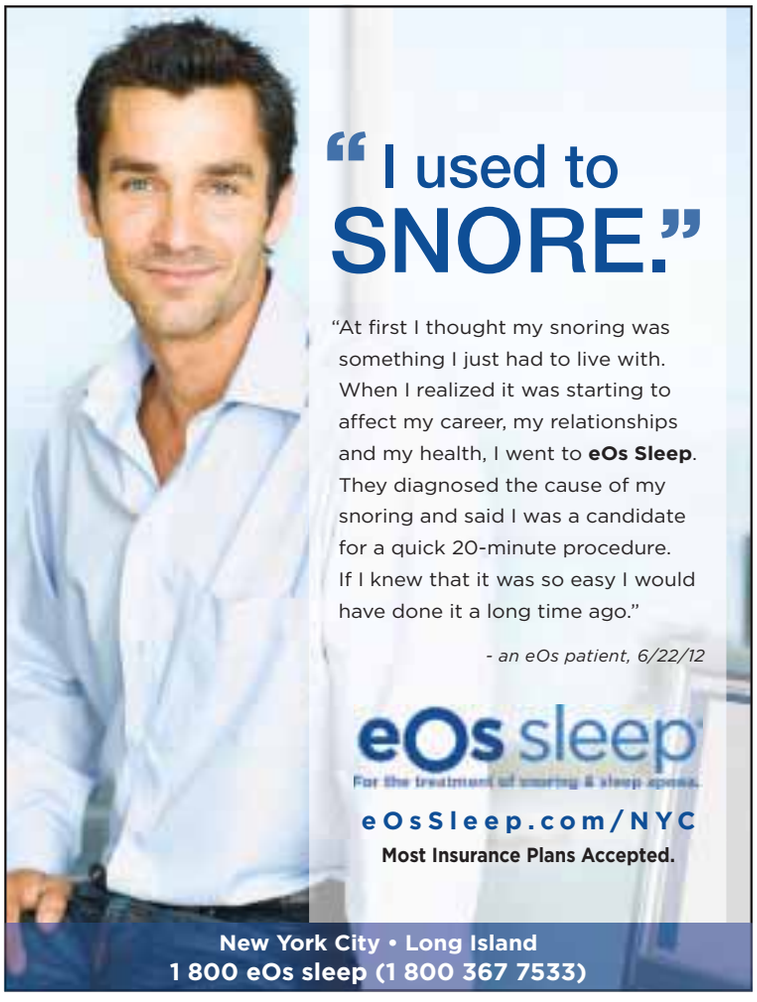
Flyboy Optics™ Sunglasses with UV protection

Stauer®
14101 Southcross Drive W.,
Dept. CHW699-07
Burnsville, Minnesota 55337
www.stauer.com

Rating of A+

** For more information concerning the appraisal, visit **http://www.stauer.com/appraisedvalues.asp**.*

Smart Luxuries—Surprising Prices™


"I used to SNORE."
"At first I thought my snoring was something I just had to live with. When I realized it was starting to affect my career, my relationships and my health, I went to eOs Sleep. They diagnosed the cause of my snoring and said I was a candidate for a quick 20-minute procedure. If I knew that it was so easy I would have done it a long time ago."
- an eOs patient, 6/22/12
eOs sleep
For the treatment of snoring & sleep apnea.
eOsSleep.com/NYC
Most Insurance Plans Accepted.
New York City • Long Island
1 800 eOs sleep (1 800 367 7533)

FDA REGISTERED
Are foods making you sick or fat?
Find out with our one-of-a kind blood test.
weight problems
skin conditions
digestive disorders
migraines
chronic fatigue
ADHD
aching joints
arthritis
and many more
Take our unique blood test that can change your life.
Learn exactly which foods your body cannot tolerate or digest (this is a food sensitivity test, not an allergy test).
Program includes medically supervised meal planning, exercise, and nutritional guidance.
Affordable Payment Plans Available For Any Budget!
We work with*:
CIGNA PPO
Oxford PPO
United Healthcare PPO
Call us now at 1-800-569-5722
www.arefoodsmakingyousick.com
General 1 Medical P.C. - Financial District - 130 William Street Suite 903 NYC 10038
Accessible by 1 2 3 4 5 6 A C E J Z
Tests are not covered by Medicare, Medicaid, HMO plans, or Worker's Comp.
Copyright© 2012 NY Wellness Solutions, Inc. I *Deductibles and co-pays apply.

Romney accepts apology for segment on his grandchild

Kids. He said public figures are fair targets for criticism, "but children — that's beyond the line."

MSNBC television host Melissa Harris-Perry joked about Romney's African-American adopted grandson. / GETTY IMAGES

Former U.S. Republican presidential candidate Mitt Romney said on Sunday he is ready to "move on" and has forgiven MSNBC television host Melissa Harris-Perry for a segment that joked about his adopted African-American grandson.

"They apologized for it, and that's all you can ask for," Romney said on "Fox News Sunday." He said Harris-Perry's apology "was clearly heartfelt, and we accept that."

The comments from the 2012 presidential nominee and former Massachusetts governor were his first about Harris-Perry's emotional on-air apology and explanation on Saturday about the controversial segment.

Last week, a segment appeared on MSNBC that asked a panel to humorously caption a photo from the past year. One of the photos was of Romney holding his adopted African-American grandson alongside his wife, Ann, and other grandchildren.

Actress Pia Glenn sang "one of these things is not like the others," and comedian Dean Obeidallah joked that the photo "really sums up the diversity of the Republican Party."

Harris-Perry, who is African-American and a political science professor at Tulane University, is the third MSNBC host to apologize for insensitive comments in the past two months.

MSNBC is owned by Comcast Corp. **REUTERS**

Quoted

"I recognize people make mistakes. The folks at MSNBC made a big mistake. ... I'm going to move on from that." Romney

Turning 50

Obama's birthday gift to wife: Time alone in Hawaii

President Barack Obama is going to give his wife the birthday present that many parents can only dream of: time off, alone, without the children.

MICHELLE OBAMA
GETTY IMAGES

The White House said on Saturday first lady Michelle Obama would stay in Hawaii, where the family has been on vacation for the last two weeks, rather than return home with her husband and their two girls. **REUTERS**

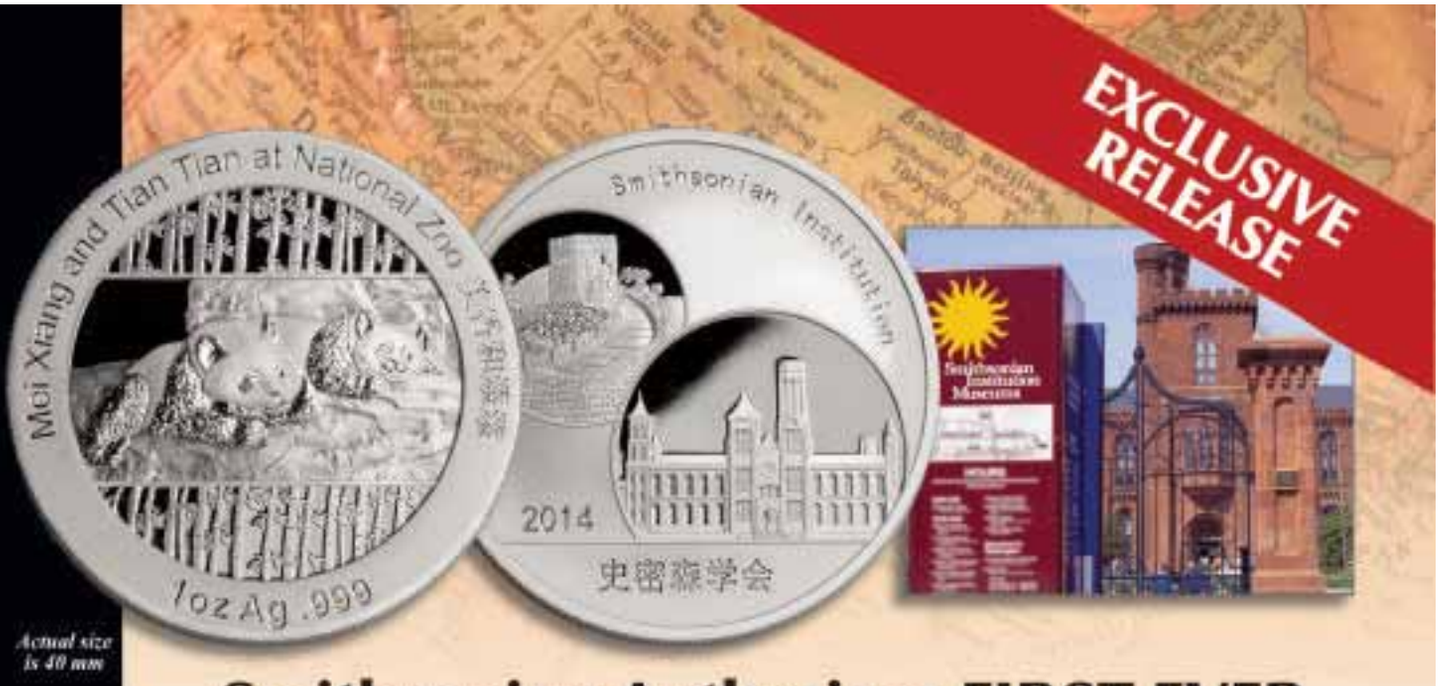
Unemployment

Obama to speak on benefits extension

President Barack Obama will ratchet up his administration's push for an extension of emergency unemployment benefits on Tuesday with an event at the White House attended by people whose benefits have expired.

PRESIDENT OBAMA
GETTY IMAGES

Obama, who on Saturday returned from vacation in Hawaii, and his advisers have been pressing Congress to extend the federal aid to help out-of-work Americans and avoid damage to the economy. **REUTERS**



Actual size is 40 mm

Smithsonian Authorizes FIRST EVER U.S./China Panda Silver Proof!

Washington D.C.

When the first giant pandas arrived in the United States from China in 1972, their new home became the Smithsonian's National Zoo. Today, more than 40 years later, the National Zoo still houses giant pandas, an endangered species believed to number only about 1,600 in the wild. The National Zoo is part of the Smithsonian Institution,® the largest museum and research complex in the world.

Spectacular World's First

Now, to honor over four decades of Chinese giant pandas at the National Zoo, the China Mint and the Smithsonian Institution are releasing a first-ever special issue Panda Silver Proof exclusively through GovMint.com. Struck in one full ounce of 99.9% pure proof silver—the finest silver available—each Smithsonian Panda Silver Proof features the National Zoo's current panda pair: Mei Xiang and Tian Tian. The obverse of this massive 40mm silver proof depicts the Great Wall of China alongside the iconic Smithsonian Castle on the National Mall in Washington, D.C. It's a **world's first**!

New Baby Panda Makes Headlines

This summer, Mei Xiang gave birth to a new giant panda cub. Mama and baby have already captivated millions through the National Zoo giant panda webcam online. Mei Xiang and Tian Tian, the cub's father, are depicted on the Smithsonian Panda Silver Proof at rest within their National Zoo habitat.

Strictly Limited Edition

The China Mint has been issuing hugely-popular China Silver Pandas for over 30 years. In fact, over 30 million have been issued during the last three decades. But this is the ***first time ever*** that the China Mint has struck a special issue Panda Silver Proof in collaboration with the Smithsonian Institution. And the mintage is strictly limited to only 500,000 for the entire world!

These silver proofs are only available through GovMint.com. Each proof is accompanied by a serial-numbered government certificate of authenticity and the earliest orders will claim the coveted lowest serial numbers. Act quickly to secure yours now! Naturally, your satisfaction is assured with our no-hassle 30-Day Guarantee.

2014 Smithsonian Panda Silver Proof

Your cost 1–4 proofs – $59.95 each + s/h
5–9 proofs – $55.95 each + s/h (Save $20 or more)
10+ proofs – $49.95 each + s/h (Save $100 or MORE)

Call toll-free 24 hours a day

1-888-835-8675

Offer Code SMP169-01
Please mention this code when you call.

Smithsonian Institution®

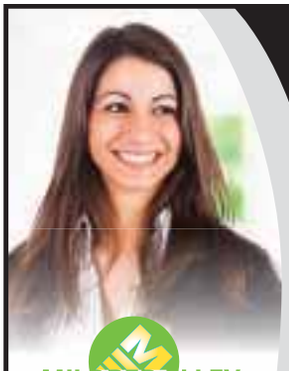
GovMint.com, 14101 Southcross Dr. W, Burnsville, MN 55337

Prices and availability subject to change without notice. Past performance is not a predictor of future performance. NOTE: GovMint.com® is a private distributor of worldwide government coin and currency issues and privately issued licensed collectibles and is not affiliated with the United States government. Facts and figures deemed accurate as of October 2013. ©2013 GovMint.com.

Get Hooked on French this Winter!

Learn French at FIAF
in the UES & Brooklyn
Classes Start January 13
Save 10% for Adults
with Code METRO14
Register Now!
fiaf.org/frenchclasses
646 388 6612

fi:af french institute alliance française 22 East 60th St, NYC fiaf.org



4 RESOLUTIONS TO JUMPSTART YOUR CAREER

1. Go to School
2. Get a Degree
3. Update Your Resume
4. Get a New Career

Advanced Paralegal Studies
Business Management
Massage Therapy
Medical Assisting
Practical Nursing (LPN)*

CALL TODAY!

(888) 419-5635 | mildred-elley.edu

MILDRED ELLEY
A career college in NYC
The Power to Change Your Life
*Certificate Program Only
Accredited Member, ACICS
GI Bill Approved

For program details and disclosures visit mildred-elley.edu/disclosures

Clin301-B

Is your life a black hole filled with Depression?

Not Seeing Results from your Antidepressant?

Our office is conducting a research study to evaluate whether adding an investigational medication to ongoing antidepressant treatment with an SSRI or SNRI will help relieve the symptoms of Depression. If you are 18-70 years of age, you may be eligible. As part of the program, you may be eligible to receive evaluation of your depression with our Board Certified physician, study medication or placebo, and visits to our private clinic, all at no cost. Please call for more information.

(212) 595-5012
The Medical Research Network, LLC
134 East 93rd Street; New York, NY 10128 • www.MedicalResearchNetwork.com

Middle East

Palestinians and Israel making progress on peace 'puzzle'

Secretary of State John Kerry said on Sunday the Israelis and Palestinians were making some progress in peace talks, though there was still a chance no accord would be reached.

Speaking before he flew to Jordan and Saudi Arabia to brief their rulers about his 10th visit to the region to see Israeli Prime Minister Benjamin Netanyahu and Palestinian President Mahmoud Abbas, Kerry said both sides had a sharper idea of the compromises needed to secure an agreement.

"This has been a productive couple of days," Kerry told reporters. "We have had very positive — but I have to say very serious, very intensive — conversations." REUTERS

Armed tribesmen and Iraqi police sit in a car as clashes rage on in the Iraqi city of Ramadi, west of Baghdad. / GETTY IMAGES

Kerry: US can fight al Qaeda in Iraq without our troops

Anbar. Iraqi troops and allied tribesmen are trying to retake the province.

The United States will support the Iraqi government and tribes fighting al Qaeda-linked Sunni Muslim militants in Anbar province but will not send troops back to Iraq, Secretary of State John Kerry said on Sunday.

Islamist militants linked to al Qaeda and tribal fighters have taken control of Ramadi and Falluja, the main cities in the Sunni Muslim-dominated province of Anbar that adjoins Syria, in a serious challenge to the Shiite-led government's authority.

Speaking to reporters in Jerusalem, Kerry said the United States was concerned about events in Anbar, which was the heart of the anti-U.S. rebellion after the invasion of Iraq in 2003.

While pledging to help Iraqi Prime Minister Nouri al-Maliki's government, he made clear there was no question of troops returning to Iraq. The United States withdrew its troops from Iraq in 2011 after failing to reach an agreement with Maliki's government on a continuing presence.

Kerry declined to provide details on what the United States might do to assist Maliki, whom Washington has repeatedly urged to share power with the Sunni minority — in part to prevent a renewed Sunni insurgency against the central government. REUTERS

Quoted

"This is a fight that belongs to the Iraqis. ... We're not contemplating putting boots on the ground. This is their fight, but we're going to help them in their fight." Kerry

Face-to-face

John Kerry says South Sudan peace talks 'must be serious'

Secretary of State John Kerry voiced support for direct South Sudanese peace talks set to begin on Sunday and cautioned against any use of force to try to gain the upper hand.

The government of South Sudan and representatives of rebel forces met on Saturday evening in Ethiopia for the formal inauguration of peace talks, part of the diplomatic effort to halt weeks of fighting in the young nation.

More substantive, face-to-face bargaining was expected on Sunday. REUTERS

The Vatican has urged both sides to make "courageous and determined" decisions to move closer to peace, with the help of the international community. / GETTY IMAGES

Pope to visit Middle East in May, meet Orthodox leader

Talks. Israeli and Palestinian negotiators resumed direct peace talks in late July.

Pope Francis is to visit biblical sites in Jordan, Israel and the Palestinian Territories in May, his first trip to the Christian Holy Land as pontiff and only the fourth by a pope since biblical times.

The May 24-26 trip to Amman, Jerusalem and Bethlehem will mark the 50th anniversary of a historic trip to the region by Pope Paul VI. Pope John Paul II visited in 2000 and Benedict XVI went in 2009.

Apart from its significance for Roman Catholic relations with Jews and Muslims, Francis' trip will hold major importance for relations among Christians because it will include a meeting in Jerusalem with the spiritual head of the world's Orthodox Christians, as well as Anglican and Protestant leaders.

Francis, who has made many appeals for peace in the Middle East, announced the trip to thousands of people gathered in St. Peter's Square for his Sunday address. He had been invited to visit by both Palestinian President Mahmoud Abbas and Israeli President Shimon Peres.

Many key biblical sites are in Israel's Galilee region but Bethlehem, revered as the birthplace of Jesus, is in the Israeli-occupied West Bank, in the Palestinian Territories.

Francis, who defined his trip as a "pilgrimage of prayer," said he would hold an inter-faith meeting in the Church of the Holy Sepulchre together with Bartholomew I, the Ecumenical Patriarch of Constantinople.

Bartholomew is the spiritual leader of the some 300 million Orthodox Christians worldwide.

REUTERS

Anniversary

50

Francis made the announcement on the exact 50th anniversary of Pope Paul VI's meeting in Jerusalem with Bartholomew's predecessor, Athenagoras, the first meeting of the leaders of the Western and Eastern Christianity since they were divided by the Great Schism of 1054.

Jail terms

Egyptian activists convicted over 2012 attack

Twelve Egyptian activists were given one-year suspended jail terms on Sunday in a case brought over an attack on the campaign headquarters of defeated presidential candidate Ahmed Shafik during the 2012 election.

The activists include siblings Alaa Abdel Fattah and Mona Seif, leading figures in the protest movement that triggered the 2011 uprising against autocrat Hosni Mubarak. The movement has been targeted in a widening crackdown by the army-backed authorities.

In a move that could open the way to more legal measures against prominent dissidents, the authorities opened an investigation into allegations that six activists took part in the storming of Egypt's domestic spying agency in 2011 — an important moment in the revolt against Mubarak's order.

It intensifies what activists see as an effort to discredit the secular protest movement as the government also pursues a crackdown on Islamist supporters of deposed president Mohamed Morsi ahead of elections later this year.

REUTERS

Building collapse. At least 15 killed, many feared trapped in Goa

At least 15 workers were killed and many feared trapped when a half-built apartment block collapsed in the Indian resort state of Goa, police and media said on Sunday, the latest disaster to draw attention to safety standards amid a construction boom.

The multi-story building in Canacona, just over two and a half miles from the popular Palolem beach in the western state, collapsed on Saturday.

Senior police official O.P. Mishra said 15 workers were killed and 21 had been rescued so far. Some media reports put the death toll at 16.

One report put the number of people trapped as high as 60.

REUTERS

Rescue workers search for victims in the rubble of a collapsed building under construction in India. / GETTY IMAGES

CHEMISTRY
ISN'T ALWAYS ENOUGH

The truth is, medications like Viagra®, Cialis®, and Levitra® don't work for all men in treating erectile dysfunction (ED). [1,2,3] If you aren't getting the results you seek, maybe it's time to discover a satisfying treatment that may help put the sizzle back into your sex life![4]

Attend a FREE Men's Health Seminar:

Topic: **Erectile Dysfunction**

Presented by: **J. Francois Eid, M.D.**

Date: **Thursday, January 9th**

Place: **435 East 63rd St., NY, NY 10065**

Between York and First Ave.

Times: **Registration: 5:45 pm | Seminar: 6:00 pm**

Partners and guest welcome.

Space is limited, call to register today.

212-535-6690

www.urologicalcare.com

1. Viagra® Prescribing Information, Pfizer Inc. Revised January 2010.
2. Cialis® Prescribing Information, Lilly USA, LLC. Revised October 2011.
3. Levitra® Prescribing Information, Bayer HealthCare Pharmaceuticals. Revised November 2011.
4. AMS 700® Patient Manual. Information and Instructions for Patients Considering an Inflatable Penile Prostheses. American Medical Systems. 2012.

VIAGRA® is a registered trademark of Pfizer Inc. CIALIS® is a registered trademark of Eli Lilly and Company Corporation. LEVITRA® is a registered trademark of Bayer Pharmaceuticals, Inc.

AMS™
an endo health solution

Rx Only

© 2013 American Medical Systems, Inc.
All Rights Reserved. Minnetonka, MN 55343
AMSUS/MH-00633(1)/May 2013
www.AmericanMedicalSystems.com

1-800-328-3881

U.S. Use Only

CAREERS FOR THE 21ST CENTURY!
• COURT REPORTING (REALTIME WRITING)
• CLOSED CAPTIONING
• PARALEGAL
• MEDICAL OFFICE SPECIALIST
NEW PROGRAM
• HEALTH INFORMATION TECHNOLOGY
• TRANSFER CREDITS ACCEPTED
• VA APPROVED
NYCI established 1941 NEW YORK CAREER INSTITUTE
The College of Legal & Medical Professions.
OPEN HOUSE Wed., 1/8 11a & 5:30p & Saturday, 1/11 11a
Class Starts Jan 21st
Call 212•962•0002
www.nyci.edu
Day, Evening & Saturday Classes • Degree & Certificate Programs
11 PARK PLACE, NYC
(Conveniently Located in Lower Manhattan)
For Disclosure Information, view Program Details @ nyci.edu

metro
EVERY WEEK, METRO REACHES OVER 1.5 MILLION PEOPLE IN NEW YORK IN PRINT AND ONLINE
Source: Scarborough 2013 R2
FOR ADVERTISING: advertising@metro.us or 212-457-7735

Putting girls first in education

See more at www.metro.us

Want to change the world one girl at a time? Meet Amanda Parks, president of the She's the First campus chapter at The College of New Jersey. The nonprofit She's the First sponsors girls' education in developing nations by giving them the chance to be the first in their families to graduate from secondary school.

The senior proudly proclaims, "I am and always will be an advocate for equality in girls' education." She adds, "[It's something] I will take with me after graduating. This cause is a forever thing."

In the countries where She's the First works, only one out of every three girls attends secondary school. Whenever Parks is stressed out, she's reminded "of the girls we sponsor and the girls we have yet to sponsor. They are my motivation to get through long nights and stressful weeks."

She's the First members gather for an annual leadership summit in New York City. / PROVIDED

That motivation includes running fundraisers like their annual tie-dye cupcake bake sale, which is part of the organization's worldwide bake-off. Parks' TCNJ campus chapter raised more than $1,700 between last year and this year to send their sponsor school in Nepal. In addition to raising money, they raise awareness by gaining co-sponsors in other student organizations and "new members that didn't know our organization existed before seeing our bake sale," Parks says.

Katie Riley, campus programs assistant at their New York office, says the size of chapters typically includes 20 to 30 students — guys volunteer too — and that the organization anticipates having about 200 chapters by the end of the school year. "The chapters promote girls' education issues via social media and host at least one awareness event (such as a panel or documentary screening) and one fundraising event per semester," says Riley.

President and founder of She's the First Tammy Tibbetts says that a feeling of family is an essential part of the organization. Tibbetts, who was recently named one of Time magazine's 30 people under 30 changing the world, explains: "She's the First is not something I see students doing just to have a bullet on their résumé. They are looking to change the world with a community."

For Parks, family is a big part of why she likes working with She's the First: "It is comforting to know that I have that support system whenever I need it — and when I least expect it."

Institute of American Language and Culture
Fordham University's English as a Second Language program

Spring 2014 semester: January 21 - May 2
■ New York City's premier English as a Second Language program
■ Language development for life in and out of the classroom
■ Lincoln Center campus: one block west of Columbus Circle
Call 212-636-6353 to schedule a free English proficiency exam
33 West 60th Street NY, NY
www.fordham.edu/esl esl@fordham.edu
FORDHAM UNIVERSITY
THE JESUIT UNIVERSITY OF NEW YORK

PUT SOME CARE IN YOUR CAREER
WE OFFER PROGRAMS IN:
- PERSONAL TRAINING
- CLINICAL AND ADMINISTRATIVE MEDICAL ASSISTANT
- MASSAGE THERAPY
- SURGICAL TECHNOLOGIST
- NURSING
- MEDICAL BILLING AND CODING
• Convenient Manhattan campus (Chelsea)
• Flexible day and evening classes
• Experienced faculty and staff
• Financial aid (for those who qualify)
Come join us for an Open House
Tuesday, January 7th & Thursday, January 9th
10am - 8pm
Swedish Institute College of Health Sciences
Please visit our admissions office at:
151 West 26th Street
1-888-530-9582
www.swedishinstitute.edu
Swedish Institute's programs are registered with and regulated by the New York State Education Department. Accredited by ACCSC. For important information on program costs, completion and placement rates, median debt incurred, etc., please visit www.swedishinstitute.edu/index.php/programs and click on the program of your interest.

Family. One organization seeks to make sure girls worldwide have access to the schooling they need.

By the numbers

302
girls sponsored

10
countries

647
years of education

— Want to start a chapter at your school? Read the campus section at Shesthe-first.org, apply and contact them with questions for next steps.

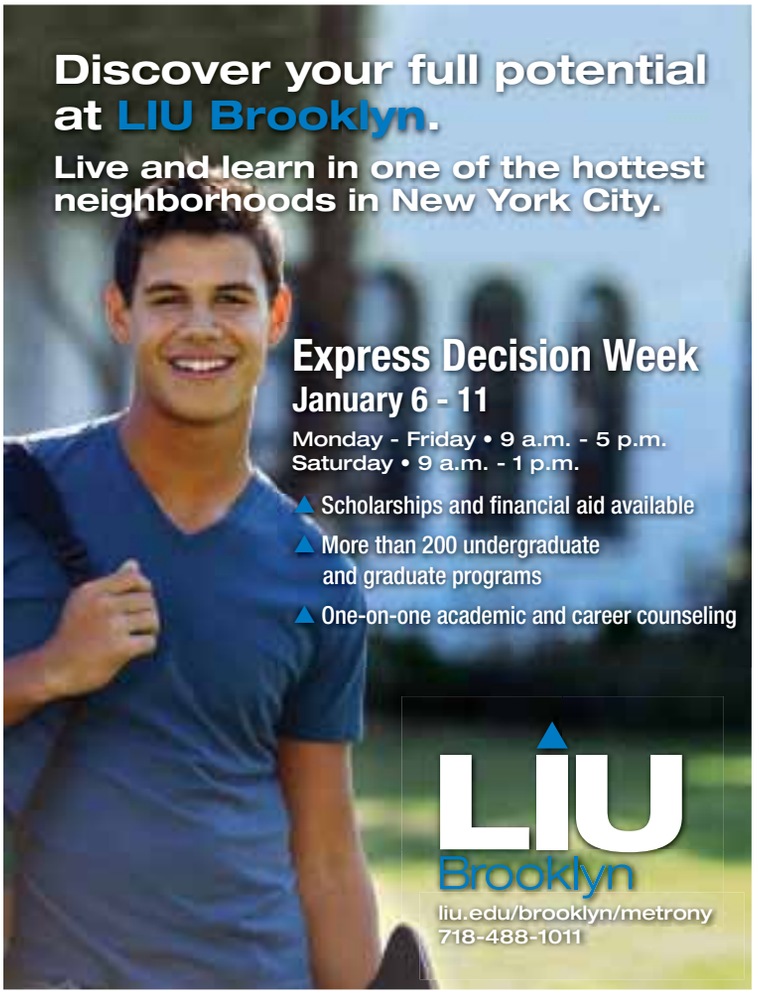
VICKI SALEMI
letters@metro.us

Tammy Tibbetts is the founder and president of She's the First. / PROVIDED

Quoted

"In 2014 we are determined to scale up our success and raise $1 million to support our mission, to send more girls to school and support more youth worldwide in leading this movement. If you ever wanted to be part of creating education equality in the world, now is the time to get involved."

Tammy Tibbetts President and founder


Discover your full potential at LIU Brooklyn.
Live and learn in one of the hottest neighborhoods in New York City.
Express Decision Week
January 6 - 11
Monday - Friday • 9 a.m. - 5 p.m.
Saturday • 9 a.m. - 1 p.m.
Scholarships and financial aid available
More than 200 undergraduate and graduate programs
One-on-one academic and career counseling
LIU
Brooklyn
liu.edu/brooklyn/metrony
718-488-1011

THE STATE UNIVERSITY OF NEW YORK
Manhattan Educational Opportunity Center

Fall Classes Starting Soon! Seats are limited

Enroll August 28th – September 9th

Programs Available:

- English as a Secong Language (ESL)
- General Educational Development (GED®)
- College Prep (CP)
- Certified Microsoft Office® (CMO)
- Development Assistant Program (DAP)
- Civil Service Exam Prep (CSEP)
- PC Repair (PCR)
- Electronic Health Records (EHR)
- Certified Nurse Assistant (CNA)
- Home Health Aide (HHA)
- Security Officer Training (SOT)
- Job Readiness Training (JRT)

Eligibility:

- 18 years of age or older
- New York State resident for a year (prior to enrollment)
- Meet low-income guidelines
- Non-college graduate
- US Citizen, Permanent Resident or Refugee

Call: 212.961.4400
Email: admissions@man.eoc.cuny.edu

163 West 125th Street, 15th Floor
New York, NY 10027
man.eoc.suny.edu

Interested in the
Justice System?

Consider LEGAL STUDIES at Briarcliffe College
where you will learn over 20 different fields of law!
Day and Evening Classes Available

BRIARCLIFFE COLLEGE
Go Far.
Bethpage | Patchogue
877.490.9777
www.briarcliffe.edu

Career Education 906747–10/13. Find disclosures on graduation rates, student financial obligations and more at www.briarcliffe.edu/disclosures. Briarcliffe College cannot guarantee employment or salary. While many of our degree programs are designed to prepare graduates to pursue continued bachelor, graduate or doctorate-level education, the University cannot guarantee that students will be granted admission to any programs.

*FREE PROGRAM

EARN A DENTAL ASSISTING CERTIFICATE AT CITY TECH

Want to enter the expanding field of dental assisting?

New York City College of Technology (a Division of CUNY) is pleased to offer a Certificate Program in Dental Assisting to applicants who meet eligibility requirements.

Applicants must meet the following minimum requirements for acceptance:

1. High School Diploma or GED
2. Be at least 21 years old.
3. Applicant must be able to work legally in the United States
4. Must fully complete and return application
5. Must pass interview
6. Must be on time and attend all required meetings
7. Be able to commit to attend classes from 6-9 pm on Fridays and 9 am-4 pm on Saturdays

Please call Mr. David Pedreira at **718 552-1168 or 718 552-1170.** You can email Mr. Pedreira at dpedreira@citytech.cuny.edu to obtain an application for this program.

Don't wait – space is limited for this **FREE** program starting on February 7, 2014

An MBA doesn't mean a tax break

Degree. A judge has ruled that business school doesn't mean a tax deduction.

For students looking to claim their MBAs as tax deductions, a recent ruling means they're out of luck. / STOCKBYTE

The U.S. Tax Court has dealt a setback to young MBA students with little work experience who try to claim their tuition costs as a tax-deductible business expense, lawyers and accountants said last week.

In a ruling, a Florida Tax Court judge denied Adam Hart the $17,138 tax deduction he claimed for his MBA tuition costs in 2009. The IRS billed Hart for $2,572 in unpaid taxes.

Hart, now 31, who graduated in 2011 from Florida's Rollins College MBA program, did not have enough consistent work experience prior to starting school to claim the deduction, the judge ruled.

"There is no evidence in the record that [the] petitioner was carrying on a trade or business before he enrolled in the MBA program," wrote Tax Court Judge Kathleen Kerrigan.

Claiming MBA tuition as an ordinary, cost-of-business deduction is a narrow needle to thread, tax professionals said. The tax break cannot be claimed by law or medical students.

MBA students may be able to convince the IRS their education is an expense if they have years of consistent experience built up before starting a program, and then return to that career after graduation, professionals agreed.

Tax and accounting expert Robert Willens, who teaches MBA classes at Columbia University, said the tax break accounts for about one-third of the tuition cost a year for the students he knows who have been able to claim it.

Following Hart's Tax Court loss, "the IRS could decide to read it more broadly than it should be read and begin challenging people," Willens said.

Josh Nowack, an accountant in California, said he does between 30 and 50 tax returns a year that claim MBA tuition as a business expense. Students in high-tax states like New York and California can save between $5,000 and $10,000 with the MBA tax break.

He said a strong candidate for the tax break is an engineer, for example, who has worked for 15 years then gets an MBA to broaden his or her career opportunities.

REUTERS

A Taste of Judaism... Are You Curious? ™

Hey!

- Are you in your 20's and 30's?
- Returned from Birthright and want to learn more?
- Dating a nice Jewish boy/girl but aren't Jewish yourself?
- Is celebrating Rosh HaShanah one of your New Year's resolutions?
- Asking yourself where Judaism fits into your life?

Join other young adults for three weekly FREE classes on the modern Jewish take on spirituality, values and community.

All are welcome- Jewish or not!

Classes begin in January in Manhattan and Brooklyn

For more information: cbromberg@urj.org

KESHER

reformjudaism.org/taste/newyork

The song that's too raunchy for Beyonce's mom

What will Mama Knowles think?

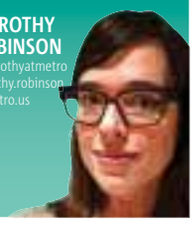
Maybe all pop stars should be orphans. Orphans, as we know from Broadway, are great at singing and dancing, and they will be free to become international sex symbols without straining their relationships with their moms, which is a problem that Beyonce faces.

Queen Bey always straddles a line between sex symbol and quasi-feminist first lady of pop. But apparently even she gets uncomfortable sometimes. Case in point: Her song "Partition," which includes raunchy lyrics like "Driver, roll up the partition please, I don't need you seeing 'Yonce on her knees."

"I was so embarrassed after I recorded the song because I'm just talking s—," Beyonce says in her YouTube documentary "Liberation." "I'm like, 'I can't play this for my husband!' I still haven't played it for my mom. She's going to be very mad at me."

THE WORD

Dorothy Robinson takes on the world of gossip.



DOROTHY ROBINSON
@dorothyatmetro
dorothy.robinson@metro.us

See more at www.metro.us

ALL PHOTOS GETTY IMAGES

Kiss! Kiss! Kiss! (Or hide that kiss. Whatever)

Ashton Kutcher and girlfriend Mila Kunis slyly smooched for the kiss cam while sitting courtside at a Lakers game in L.A. on Friday. There are reports that Kunis has also been hiding a Kutcher fetus, but so far there has been no confirmation to the rumors.

Will Elba be the next James Bond?

This rumor has already been slightly refuted by the man himself but it's just so juicy I couldn't help but get on the bandwagon: The Internet is trying to make Idris Elba the next James Bond.

A fan group called We Want Idris Elba for James Bond is going so strong (and makes so much sense) that Elba is being asked in interviews if it could possibly happen.

"It's a rumor that's gotten out of control, basically — but that's all it is," Elba said on ITV's "Lorraine" over the weekend. "There's no truth in it whatsoever." Earlier in November, the actor seemed a bit more open to the suggestion. "If I was ever to get offered that role, that would be the will of a nation," Elba told HuffPost Entertainment.

The Internet makes so many terrible things happen (Rebecca Black, "Snakes on a Plane," "Mega Shark Versus Giant Octopus"). Wouldn't it be nice if something amazing and sexy — and that would be Idris Elba in a bow tie and holding a martini glass — came from it as well?

Talking points

Cyrus and Lutz, sitting in a tree

Miley Cyrus is apparently starting the New Year with a new man in her life, having been spotted getting frisky with "Twilight" star Kellan Lutz at a Las Vegas nightclub just before New Year's Eve, according to E! News. "They were making out and didn't seem to care who was watching. It wasn't a secret that they were together," a source says.

There will be no Bear Rocknroll

Kate Winslet confirms that her first child with husband Ned Rocknroll, son Bear born last month, has her last name instead of his. "Of course we're not going to call it Rocknroll," she tells the U.K. edition of Glamour. "It was always going to have my name. ... People might judge all they like, but I'm a f—ing grown-up."

2 CULTURE

Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Elizabeth Hurley's year is off to a rough start, Lena Dunham is looking to sound smart, Mindy Kaling needs to get off Twitter for a while and Sarah Silverman is thinking about the future.

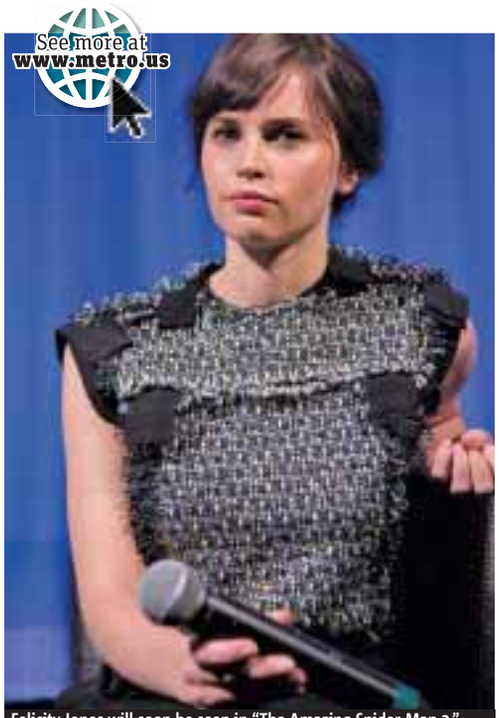
@ElizabethHurley
About to go on a 8km toboggan ride. Help....

@lenadunham
New hobby: skimming Psychology Today at the airport then starting all sentences with "I read a study that said..."

@mindykaling
You know it's time to put away your phone when you're like: hm, what's the worst thing I could tweet that would end my career irrevocably?

@SarahKSilverman
On my tombstone I just want it to say, "I'm cold"

The breakthrough: Felicity



Felicity Jones will soon be seen in "The Amazing Spider-Man 2."
GETTY IMAGES

Interview. In "The Invisible Woman," a young star plays Charles Dickens' secret mistress.

Profile

Felicity Jones

Where seen before: A British student torn from her American lover thanks to immigration laws in "Like Crazy;" small roles in "Bridesmaids" and "Cemetery Junction"
Her big break: Playing Nelly Ternan, secret mistress of Charles Dickens, in "The Invisible Woman," directed by and starring Ralph Fiennes
Where next: No less than "The Amazing Spider-Man 2"

On being inundated with Dickens through her English youth

"He's so ubiquitous that you feel like you know his work without really knowing it. When I was growing up, I saw a production of 'Great Expectations.' I became obsessed with Miss Havisham — her sitting in that hall, waiting in her wedding dress, with cobwebs covering everything. I remember asking my mom, 'Why is she so sad?' [Laughs] That's what Dickens does: He penetrates your consciousness."

On the joy and misery in Dickens' work

"It wasn't until doing this film that I had a wide understanding of his work. He was such a tour de force. He had this strict routine: He would get up, he'd go for a long walk, he'd have a very cold bath, he'd write for hours and hours and hours and then he'd drink. He used to drink a pint of wine and a pint of champagne every night. He had a large appetite for life in every sense."

On the way Dickens both saved and destroyed Ternan

"It's complicated. Obviously Mrs. Ternan [played by Kristin Scott Thomas] sees an opportunity there. The Ternans were extremely poor. They were very good at keeping appearances and rather obsessed with how society saw them. Dickens comes along and did help them considerably, did give them a freedom they wouldn't have necessarily had. But Nelly feels quite strongly that she doesn't want to be a pawn in that dynamic. She was a very proud woman and she didn't want to be his floozy."

Quoted

"It was boiling hot. In between shots you're taking off layers, trying to keep cool."

Jones, on shooting in period clothing during the summer of 2012

The actress plays Nelly Ternan, Charles Dickens' mistress, in "The Invisible Woman." / DAVID APPLEBY

PODIATRIST
The Most Advanced Techniques Used for Bunions and Hammertoes
A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasiitis (Heel and Arch Pain)
New Treatment For Heel Pain, Shockwave, PRP as seen on the front page of The New York Times | Platelet Rich Plasma Therapy (PRP)
Take the Foot Health Checkup
• My toenails are streaked, discolored, thickened.
• The side of my toenails dig into the skin and hurt.
• I have a large bump behind my big toe (or little toe) which is always red.
• I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
• My toes aren't straight - they are crooked, bent and hurt.
• I have painful calluses on the ball of my foot which keep building up.
• I have corns on my toes which get thicker no matter what shoe size I wear.
• The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
• I have cramps in my legs which always happen when I walk the same distance.
• My ankles are swollen most of the time.
• My feet are always dry and scaly - sometimes they itch.
• My feet just hurt all over when I stand or walk a lot.
• I have numbness, burning, infection, persistent pain, skin rash, or open sores.
Feet Hurt? Bunions? Hammertoes? Heel Pain?
Now Featuring genesisplus | CUTERA
Helps Eradicate Fungal Nails
If any of these apply to you, call today.
Dr. Paul Drucker, DPM
Dr. Martin McGrath, DPM
184 East 70th Street, B1
Between Lex and 3rd Ave
212-772-3500
Dr. Paul Drucker, DPM
Dr. Martin McGrath, DPM
121 E. 60th St. Suite 3D
(Between Lex & Park) New York, NY
(212) 486-7333
Dr. Paul Drucker, DPM
162-15 Highland Ave
Jamaica, NY 11432
(718) 658-9383
Dr. Ernest Levi, DPM
Midtown - Grand Central • 30 E. 40th St., Suite 401
212-685-5100
Patient is responsible for co-pays & deductible • Most insurance plans accepted • Complete family foot care • Laser surgery available

Knee Arthritis Pain?
End Your Knee Pain Without Painful, Risky Surgery!
"Your #1 Choice for Non-Surgical Osteo-Arthritis Knee Pain Relief."
Why You Should Choose Us Today
Precision is the difference. Experience it!
No blind injections. We always hit the mark.
X-ray guided procedure ensures accuracy
As Seen on NY1 1010 WINS
Free Phone Consultation
[2] Result may vary. Prior results cannot guarantee future outcomes.
To see a video of this incredible procedure visit:
www.KneesofNY.com
General 1 Medical P.C.
Most PPO insurances will cover this treatment*. We work with:
UnitedHealthcare PPO | Aetna PPO | Oxford Health PPO | GHI | NYSHIP | Empire PPO | Medicare Part B
*Coinsurance and deductible apply.
Most Insurances Accepted Worker's Comp Accepted
1-800-77-Knees (56337)
130 William Street., Suite 903
Btw. Fulton & John St. - NYC 10038
Accessible by:
Call today to schedule your consultation!

Jones

On playing a character who grows more remote as the film goes on

"I felt there was something very shy about her. Dickens saw the world so instantly. He had this photographic memory, not only for faces and people but for characters. He could see who people were very quickly. With Nelly, there was something elusive about her. She bewitched him."

On Nelly's motivations

"I think Nelly wanted to be a writer herself. She loved [Dickens], but she also loved his work and being in that world. In later life she wrote these poems that, unfortunately, weren't that great. [Laughs] That was her drive. He would send her manuscripts and they would discuss them at length. There was this great intellectual trust between them."

Dressed for success

How the giant period clothes affected her performance

"They give you an immediate sense of standing. You had to be physically strong, they're so heavy. You have your corset on, then five layers of petticoats, in a cage. It literally weighs you down. The first day I fell into the sand dunes. [Laughs] The wind's blowing you and you can't walk straight. You have to have an incredibly physical as well as emotional strength. You can see it through the clothes how much the history of gender has changed. If you look at a man's attire it's not that different. And then look at the women's compared to what I'm wearing today — that's how much history and politics have changed."

MATT PRIGGE
matt.prigge@metro.us

DERMATOLOGY
Medical, Cosmetic & Surgical Dermatology
All Skin Disorders • All Nail Disorders • All Hair Disorders • All Skin Growths

- Acne
- Cysts
- Warts
- Vitiligo
- Herpes
- Rashes
- Eczema
- Psoriasis
- Hair Loss
- Seborrhea
- Aging Skin
- Birthmarks
- VD & STDs
- Skin Cancer
- Skin Growths
- Genital Warts
- Skin Allergies
- Nail Disorders
- Mole Removal
- Chemical Peels
- Leg Vein Removal
- Broken Blood Vessels
- Red Spots
- Torn & Split Earlobe Repair
- Custom Skin Care
- Scar Correction
- Scalp Conditions
- Fungal Conditions
- Wrinkle Treatment
- Tumors & Growths
- White & Dark Spots
- Complexion Problems
- Laser Treatments
- Restylane
- Hair Removal
- Botox/Collagen
- Skin Rejuvenation
- Cosmetic Skin Surgery
- Laser Peels

All Insurance Plans, Unions, HMOs, PPOs Medicare & Medicaid Accepted
Day, Evening & Weekend Appointments Available
Board Certified / University Affiliated
DERMATOLOGY associates PARKCHESTER
1455 West Avenue, Bronx, NY 10462 • Tel: 718-239-1500
Right next to the Post Office and Macys

Bronx: Co-op City
2100 Bartow Ave., Suite 211,
Bay Plaza Shopping Center
718.671.1000

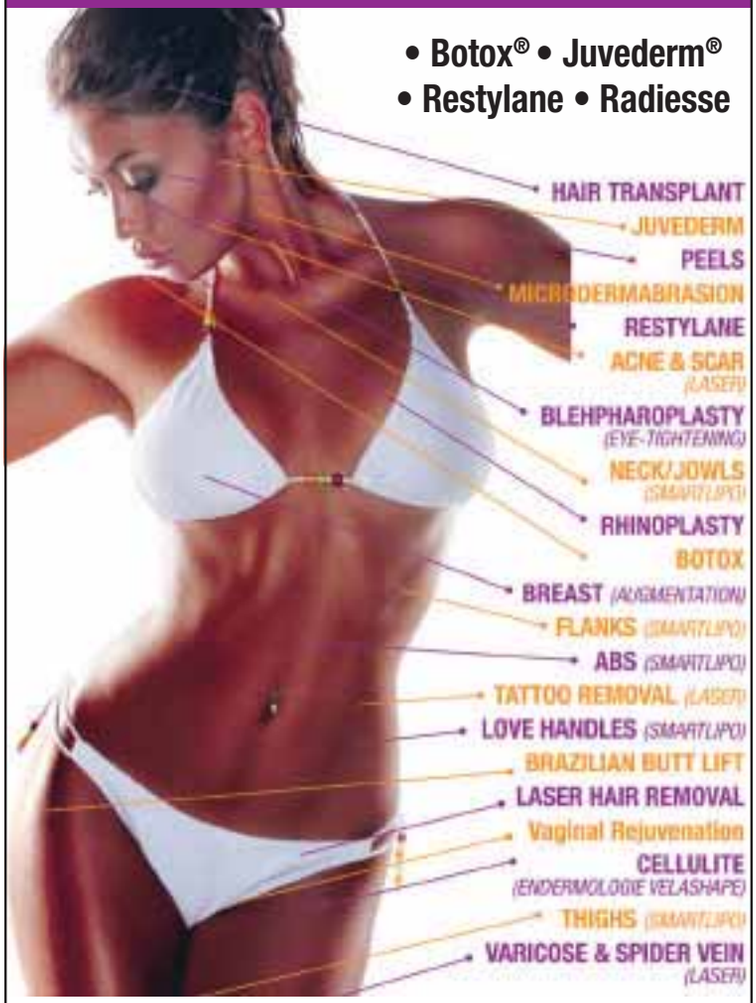
Midtown Manhattan
200 Central Park South, Ste 107
Corner of 7th Ave & 59 St.
212.262.2500

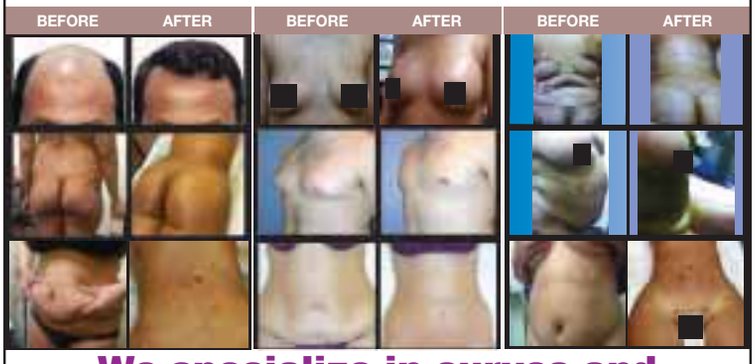
Bronx: Third Ave
291 E. 149th Street,
Bet. Cortland & Morris
718.742.1000

www.adv-derm.com
1.800.545.SKIN (7546)

Beauty is in the Curves
VISIT BBLDOC.COM
To See Our Amazing Before and After Pictures of Brazilian Butt Lifts.

For your comfort and safety all procedures at our facilities are performed "awake" under under local anesthesia. *Accredited surgical facility & hospital available if needed.*





We specialize in curves and buttocks enhancements

New York Laser Lipo
Surgical & Non- Surgical Cosmetic Enhancement for Men & Women

(212) 695-1999
1 West 34th St. • Ste. 402, NYC

(718) 745-7172
334 86th St. • BKLN, NY 11209

www.nybeautysurgeon.com • SE HABLA ESPANOL
Financing Options Available *Insurance not accepted*

TV watch list

REALITY

'The Bachelor'

In the 18th season of this reality show in which desperate women compete (read: get drunk, cry, catfight) for the love of some random dude, "Bachelorette" loser Juan Pablo Galavis has his pick of 27 ladies. These ladies include a hippie, a salsa dancer and a pregnant woman. How will he choose?! **SEASON PREMIERE, 8 P.M., ABC**

REALITY

'Vanderpump Rules'

The staff go to Cabo so that they can get drunk and slur nonsensical accusations at each other in a tropical locale. These kids (ha, actually we're pretty sure they're all, like, 30) should watch an episode of "Real Housewives of Beverly Hills" sometime to catch a glimpse of their very-near-future selves. Same drama, more plastic surgery. **9 P.M., BRAVO**

ALEXANDRA CAVALLO

Bravo knows drama, with "Vanderpump Rules." / BRAVO

THE FINAL FILMS OF ONE OF INDIA'S GREATS

'Late Ray'

The Criterion Collection
$44.95

Bollywood has long been all that most Westerners know of Indian cinema — that and perhaps the work of Satyajit Ray, the nation's most esteemed filmmaker. A renaissance man who also wrote books and music, including the scores to many of his films, Ray is best known for his earlier, intimate studies of Bengali life, including "The Apu Trilogy." Less talked about are the latter-day works before his 1992 death, including the three collected in the Criterion Collection's box "Late Ray."

All three are films by a lifelong humanist who only became more fascinated with people the older he got. Rabindranath Tagore's 1916 novel "The Home and the World" is one he wanted to adapt early in his career, but didn't get around to it till the 1980s. That was a good thing, he admitted, as he was by then mature enough to deal with the intellectual battle between a progressive landlord (Victor Banerjee, of "A Passage to India") and a fiery revolutionary (Ray regular Soumitra Chatterjee). Caught in between is the former's wife (Swatilekha Sengupta), who recognizes that neither is fully right and finds herself, like Ray, swinging between the two.

Ray's own take on the tussle could be summed up as "it's complicated." That sentiment extends to the set's other films: a reimagining of Henrik Ibsen's "An Enemy of the People" for modern-day Bengal; and his 1991 swan song "The Stranger," about a middle-class family forced to put up a mysterious, charming relative (Utpal Dutt) who they suspect may be an impostor. Ray, then in his 60s, suffered his first heart attack while making "The Home and the World," thus forcing him to take things easy. But while his last films are visually restricted and heavy on talk — a shock, given his lyrical and rapturous early works — the ideas and his understanding and love for humanity are boundless.

DISC JOCKEY
MATT PRIGGE
matt.prigge@metro.us

For the love of 'staches

'Archer': The Complete Season Four

The other unspeakably brilliant animated comedy with a lead voice by H. Jon Benjamin, this FX spy romp found worlds colliding in its previous season. There's some crossover with "Bob's Burgers," plus a guest voice from another culinary genius, Anthony Bourdain.

48 HOUR PRICE QUOTE

"How much will new replacement windows cost me?"

Renewal by Andersen has a phone line dedicated to that question.

Call our 48 Hour Price Quote line at 1-800-357-3815, and **we'll provide a quote within 48 hours of your call.** Most other companies take weeks to produce their estimate. Within 48 hours, a Renewal by Andersen Project Manager will precisely measure your home's windows, help you choose your window styles, colors, grilles and hardware, and **then we'll provide a down-to-the-penny price quote that will be good for one full year.** No hidden charges and no more wondering, *"How much will new windows cost?"*

Get a FREE price quote within 48 Hours!
Call 1-800-357-3815
to schedule your FREE in-home visit

SAVE $1,000 on 4 windows[1]
OR
5 YEARS No interest
with Instant Product Rewards
Offer expires January 19th, 2014.

We are the replacement window division of Andersen Windows, so everything we build, install, and warrant is held to the same standard of excellence that Andersen has lived by for 110 years. **The Renewal by Andersen window is stronger than vinyl,** lasts longer than fiberglass, and unlike wood, requires virtually no maintenance.*

Renewal by Andersen
WINDOW REPLACEMENT
an Andersen Company

SELL BUILD INSTALL WARRANTY

Call our 48 Hour Price Quote line: 1-800-357-3815

[1]Restrictions and conditions apply; see your local representative for details. Cannot be combined with prior purchases, other offers, or coupons. No adjustments to previous orders. Offer not available in all areas, Discount applied by retailer representative at time of contract execution and applies to minimum purchase of 4 or more windows. Offer does not include bay/bow windows or any upgrades considered non-standard options. As part of the Instant Product Rewards Plan, all homeowners must be present and must purchase during the initial visit to qualify. To qualify for discount offer, initial contact for a free Window Diagnosis must be made and documented on or before 1/19/14 with the appointment then occurring no more than 10 days after the initial contact. 0% APR for 60 months available to well qualified buyers on approved credit only. Not all customers may qualify. Higher rates apply for customer with lower credit ratings. Financing not valid with other offers or prior purchases. No Finance Charges will be assessed if promo balance is paid in full in 60 months. Renewal by Andersen retailers are independently owned and operated retailers, and are neither brokers nor lenders. Any finance terms advertised are estimates only and all financing is provided by third-party lenders unaffiliated with Renewal by Andersen retailers, under terms and conditions arranged directly between the customer and such lender, all subject to credit requirements. Renewal by Andersen retailers do not assist with, counsel or negotiate financing, other than providing customers an introduction to lenders interested in financing. NJ Consumer Affairs License #: 13HV01541700. NYC Consumer Affairs License#: 1244514. Nassau Consumer Affairs License #: H081015000. Suffolk Consumer Affairs License #: 43991-H. NYC 1307704. Renewal by Andersen of Central/Northern NJ and Long Island are independently owned and operated affiliates operating in the NJ/NY metropolitan area. "Renewal by Andersen" and all other marks where denoted are marks of Andersen Corporation. ©2014 Andersen Corporation. All rights reserved. ©2014 Lead Surge LLC. All rights reserved.

Swatilekha Sengupta plays a wife caught between two men in Satyajit Ray's "The Home and the World."
THE CRITERION COLLECTION

Also new

'The Wicker Man': The Final Cut

Hopefully the stink from the laughable Nicolas Cage-Neil LaBute remake of this 1973 English cult object has dissipated, leaving you free to realize how weird it is. Robin Hardy's horror thriller (and sometimes musical) finds a detective snooping on an island populated by a backwards religious sect, fending off Christopher Lee and a naked Britt Ekland before the shock ending arrives.

'Duck Dynasty': Season Four

Great timing! This set will no doubt line the already bursting-at-the-seams pockets of a homophobe and racist. On the bright side, maybe Phil Robertson will use the cash to buy a better education.

Box office. Everyone's still seeing 'Frozen' and 'The Hobbit'

A princess and her suitor mingle in the unstoppable hit "Frozen."
DISNEY

Disney's animated fairy tale "Frozen" took hold of first place on movie charts in North America for the first weekend of 2014, knocking three-time champion "The Hobbit: The Desolation of Smaug" down to the No. 3 spot.

Second place went to the new horror movie "Paranormal Activity: The Marked Ones," a spinoff from the hit low-budget "Paranormal Activity" franchise.

"Frozen," which opened six weeks ago on the eve of the long Thanksgiving holiday weekend in November, collected $20.7 million in ticket sales to claim the weekend box office crown, ahead of "The Marked Ones" which earned $18.2 million from Friday through Sunday, according to estimates from Rentrak.

"Frozen" is nearing a $300 million domestic total and has collected $640 million in global ticket sales, making it the highest-grossing Disney Animation release of all-time behind only "The Lion King," Disney said.

Rounding out the charts, director Martin Scorsese's "The Wolf of Wall Street," which stars Leonardo DiCaprio in the biographical story of a drug-snorting Wall Street scam artist, took the No. 4 spot with $13.4 million.

Fifth place went to 1970s crime caper "American Hustle." The critically praised film stars Christian Bale, Amy Adams, Bradley Cooper and Jennifer Lawrence in a story loosely based on a real-life corruption scandal, and took in $13.2 million. REUTERS

Stop Suffering From Leg Pain!
Stop Suffering from Varicose Veins and Spider Veins with one simple in-office procedure!
BEFORE
AFTER
Now covered by most insurance plans - 100%
Call now to schedule a consultation.
nuVISION
Dr. John Anastasi
20 East 46th Street, Suite 501, New York, NY
212-889-1171
mynuvision.com

Love to sing? Join us!
Peace of Heart Choir
OPEN AUDITIONS
January 8, 9 & 11
Email peaceofheartchoir@gmail.com, call 347-829-7642, or visit peaceofheartchoir.org

ESSENTIAL Skin Care
www.essential-skin.com
Specializing in Problem Skin
Licensed Professionals
Introductory Offers!
Free consultations
Treat yourself to the gift of beautiful skin; We offer results, not promises!
"Body Massage + Facial $99 • Eyebrow / Eyeliner Tinting $25 • Ear Candeling $50"
Diamond Microdermabrasion Only $50
for acne scars, sun damage skin, fine lines, wrinkles, discoloration, blackheads.
Botinal Wrinkle Treatment Reg $160 $125
formulated with "Botox® - Like" effect without injection. Effectively reduces the appearance of wrinkles and crow's feet after only one treatment.
Acne Treatment w/Glycolic Acid Peel Only $45
For oily and blemish skin with excessive blackheads/whiteheads, acne scars and discoloration.
Back/Chest Deep Pore Cleansing $75/$35
Deep Cleansing Facial Reg $75 $40
Deep cleans and refreshes all skin types.
Brightening Peel Reg $125 $75
An antioxidant peel that helps to brighten and lighten discolored skin with highly concentrated L-Vitamin C and L-Retinol. All skin types.
Body Slimming Wrap or Salt Glow Special $50
Sea salt scrub to exfoliate and polish or herbal slimming wrap to move toxins and promote inch loss.
Back/Chest Glycolic Peel Only $55/$30
247 E. 50th St. 2fl btw 2-3ave NYC • Trains: E M 6 to Lexington Ave., Tel: 212-588-8866/212-253-9693

LEGS
Get sexy in seconds.
FAST, NON-INVASIVE TREATMENTS FOR
• Varicose Veins
• Spider Veins
• Facial Veins
David M. Glass, MD, FACS
Board Certified Vascular Surgeon
25 Years of Experience
NEW YORK VEIN CENTER
BROOKLYN / MANHATTAN
1-888-920-2871
www.NewYorkVeinCenter.org

HOW TO BE HAPPIER IN 2014

PLUS

Good vibrations

Focus on what makes you feel good

One simple way to energize your life, create more time and be more productive is to feel inspired. When you focus on what is joyful, you bring more joy into your life. Take time to engage in your hobbies, read inspiring books or listen to music that you love.

How long have you been living a life that's almost — but not quite — the one you dream about? So many of us spend years (or decades) longing to live a more fulfilling, exciting and authentic life. But old patterns and fearful beliefs hold us back.

It's time to stop dancing around the perimeter of the person you are here to be. Dive in fully and completely! Begin the new year with the right attitude, energy and enthusiasm. Use these five tips to get started.

Find a resolution buddy

When you make a commitment to yourself and another person, you're more likely to stick to the plan. Find a friend who wants to be your resolution buddy. You can support each other on your path. It's really helpful if you share the same resolution and work together to maintain the positive change.

Say nice things to yourself: You're the only one listening

Sometimes the biggest bully you know is you. This new year, become aware of the unkind ways you speak to yourself. Every thought is an affirmation, either supporting you or taking you down. Your thoughts speak louder than words and it's time to use them wisely. Pay close attention to the negative thoughts you repeat over and over. Then do your best to reframe those thoughts in an empowering way. For instance, if you're constantly thinking, "I'll never reach my desired weight," then reframe that thought to, "I am taking powerful steps toward my desired weight." A simple shift in your thinking can create a miracle.

We say you're never too old to jump on the bed for a bit. / FOGSTOCK

Before breakfast

Start your day off right

Don't check your email as soon as you wake up. Sit for at least one minute of stillness. Recite a positive affirmation, like, "I'm going to respect myself today," or use one of my affirmations from the Spirit Junkie Affirmation Alarm Clock (www.gabbyb.tv/spirit-junkie-app). And avoid watching the news for at least an hour. You want to detox at the beginning of the day, before the chaos sets in.

Expand your inner awareness

All of my books and lectures have one common theme: When we strengthen our inner awareness, our outer experience becomes miraculous. This new year, accept that as you slow down and tune into your own inner guidance system, you'll receive all the power and resources you need to flourish. Stop looking outside yourself for answers. Begin a meditation practice and expand your inner awareness with my free guided meditations at www.gabbyb.tv/free-meditation.

Real, lasting change — the kind that allows you to launch and sustain the life you dream of — requires you to immerse yourself in your desires, let go of negative patterns and do it all with openness, structure and support. Happy New Year!

Professional Foot Care Specialist

- State of the art non-surgical treatment for foot and heel pain
- Minimal invasive procedures for corrections of bunions and hammertoes
- Weekend and evening appointments available
- Most insurance plans honored
- Free consultation
- Non-injection therapy for heel pain
- 1 2 3 A B C 4 5 6 N R

New Cutting Edge Laser for Toe Nail Fungus! ONLY $500
Expires 1/31/14
Redeem with ad

Offices of Dr. Jeffrey Rosenblatt, DPM • Dr. Larry Cohen, DPM
DRJEFFREYROSENBLATT.COM

225 Broadway, Suite 1420
New York, NY 10007
212-385-3800
(Financial District)
New Location
408 Jay St., Suite 500
Brooklyn, NY 11201
718-875-9251
(Metrotech)

Grand Central-Midtown
15 West 44 St., 8th FL
New York, NY 10036
212-391-1279

Long Island Location
543 Hempstead TRK
West Hempstead, NY 11552
516-292-0023

Convenient Lower Manhattan & Brooklyn Locations!

Do You Suffer from Varicose Veins?

Our innovative minimally invasive procedures eliminate varicose and spider veins, venous ulcers, leg swelling, pain, and fatigue.

ADVANCED VARICOSE VEIN
TREATMENTS OF MANHATTAN
Certified by the American Board of Phlebology

Covered by most health insurances including Medicare

212.204.6501

Downtown Manhattan:
111 John St., Ste 1450
New York, NY 10038
(between Pearl St. & Cliff St.)
Fulton St. Station: 2, 3, 4, 5, A, C, J, Z

www.TreatmentsOfManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM

Which gym should you join?

See more at www.metro.us

You'll spend way less on a gym that doesn't offer classes. / GETTY IMAGES, FUSE

Resolutions. Find the space that suits your needs.

With the new year comes the onslaught of weight-loss resolutions. If you're planning to keep yours this year, you're likely looking into a gym membership right now. But which one is a good fit for you? Take our quiz and find out.

1 How much are you willing to spend each month?
A) Less than $20 a month.
B) Around $75 would be reasonable.
C) Spare no expense, baby — nice digs are a priority for me.

2 How would you rate your fitness level?
A) I'm not really a big fitness head. I'm just joining a gym to keep active.
B) I'm pretty active. I work out a few times a week and try to eat right.
C) If I don't spend some time in the gym each day, I go nuts.

3 What type of classes do you like?
A) I don't need 'em — I like doing my own thing on the elliptical or with weights.
B) I need workouts to be fun in order for me to do them. I love classes with funny names or ones tied to pop culture.
C) The more hardcore, the better. I'm looking to sweat, no matter how much it burns.

4 Do you plan to spend a lot of time in the locker room before or after your workout?
A) Not really — I'll likely stash my stuff and hit the floor.
B) I'll freshen up after class, so it'd be nice if it had clean showers and enough soap to go around.
C) The locker room is part of the gym experience. I want rainwater showers and the best amenities.

Perks

5 What kinds of extras do you want in your membership?
A) I'm not relying on anything to sweeten the deal, but a post-workout massage chair sounds pretty nice.
B) Some stuff to make my experience all the better, like a sauna, steam room and babysitting options.
C) The gym will be my second home, so I want a cafe and laundry services in addition to standard perks.

Results

Mostly A's: A budget gym like Planet Fitness or Blink Fitness is right for you.

Mostly B's: Your best bet is a mid-priced gym like Crunch or New York Sports Club.

Mostly C's: Roll in the swank at a luxury gym like Equinox or Reebok Sports Club.

MEREDITH ENGEL
meredith.engel@metro.us

$1 ZOOM! Laser Teeth Whitening
(w/Check-up and Cleaning*)
*covered by your PPO Dental Plan
AS SEEN ON TV
DR. STEVE
Up to 12 Shades Whiter in just 1 hour
Call (212) 537-6923 - Open Weekends and Evenings
ZOOM!
30 East 40th St. #105 • 1 block from Grand Central Station
Ph (212) 537-6923 • www.Zoomfor1.com (exp 1/31/14)

2 LIFE BARIATRICS™
SOMETIMES IT TAKES MORE THAN A RESOLUTION...
WE CAN GIVE YOU THE HELP YOU NEED
TO GET THE HEALTH YOU DESERVE.
FREE INFORMATIONAL SEMINAR -- LIMITED SEATING AVAILABLE
CALL 866-429-5961
WWW.2LIFEBARIATRICS.COM

OPEN HOUSES
Certified HHAs
JOB

Join us Monday-Friday 9am-4pm
Bronx, Brooklyn or Manhattan locations

- Flex Schedules • Great $$$
- Referral Bonus • Training Available
- Paid Medical Insurance, Vacation & Sick Days
- Cases in BROOKLYN, QUEENS, MANHATTAN, & BRONX

$$$$ TOP RATES SPECIAL RATES for Live-Ins!

Refreshments will be served and prizes will be given away.

- 1267 57th St, Brooklyn, NY, Call 718-841-8000
- 1370 Broadway, Ste 533, NY, Call 212-444-9009
- 5223 Broadway, 2nd flr, Bronx, NY, Call 718-557-7788

PREFERRED HOME CARE of New York
jobs@preferredhcny.com

Come join the "LI Best Home Care Team"
HIGHEST PAY IN NASSAU COUNTY
• HHAs • PCAs
Immediate Work
Call (516) 227-3400
60 Hempstead Ave, Suite 215, W. Hempstead, NY 11552 EOE
$600 Sign-On BONUS Live-In Aides in Nassau County
Personal-Touch ...the people with a heart!

Ringtone. Your phone may be an extension of you, but at the office it's a different story

Your cellphone may be a key component of your daily life, but disconnecting at work is a smart move. With our professional and personal lives integrated into one device, it's difficult to draw the line between what is OK and what isn't, so here are some guidelines to help you stay on track:

Your phone may rule your life, but it shouldn't rule your work. / FUSE

Turn off all ringers and notifications: Keeping your phone from beeping or buzzing is not only less disturbing to your work, but respectful of your coworkers too. Your phone shouldn't be a distraction, and keeping alerts silenced during work hours makes it easier for everyone to pay attention to the tasks at hand.

Prioritize: Unless there is a genuine emergency, anything on your phone (texts, social media, sports updates, etc.) can wait. If you're having a conversation with a co-worker and you receive an alert, keep your attention on your colleague. If you're in the midst of sending an email, finish it before using your phone.

Stay focused: When a friend sends you a text about this weekend's plans, it's easy to find your mind going off into off-hours excitement mode. To keep concentrated, ask yourself: What is my focus right now? Re-focusing your thoughts keeps your work (and life) on track.

Don't answer personal phone calls: While at work, let personal calls go to voice mail. If it's vital, excuse yourself from the office to take the call. Unless it's a quick question and answer, avoid personal phone calls in the office. They're disruptive and unnecessarily blur the boundaries between personal and business.

Talentegg.com is a job board and online career resource for college students and recent graduates.
TalentEgg

Heads up

Don't bring your phone into meetings

You may need your phone during the meeting, and if this is the case then it's appropriate to have it on you. But if not, leave your phone at your desk. Meetings aren't lengthy, so during that time your attention needs to be solely on what is being discussed.

Wait and see

Set a 'check phone' time

Try to set a specific time to check your phone for any additional messages or alerts that may have come through while you were working. For example, you could decide that every hour or each day at 3 p.m. is when you check your device. This ensures that you won't be checking your phone every five minutes just out of habit.

THE FUTURE OF FOOT SURGERY
FREE consultation with ad
Call Us: 1-877-BUNION-1
Before After
Downtown Podiatry Services
DOWNTOWN
111 John Street, Suite 1450
New York 10038
MIDTOWN
315 Madison Ave, Suite 513
New York 10017
DowntownPodiatry.com
Specializing in Surgery and Aesthetics of the Foot
Cutting Edge Means Less Cutting
Minimally Invasive Bunion & Hammertoe Surgery
MOST INSURANCE PLANS ACCEPTED

DENTAL IMPLANTS
$395* per Implant
+ post $595
+ Crown $795
Total $1,785
(Nobel Biocare ONLY $100 add'l)
*Implant, post & crown must be completed at our office to qualify for promotional fees
Speak with your Smile Today!
Expires 1/31/2014
Contemporary Dental Implant Centre
CONTEMPORARY DENTAL IMPLANT CENTRE
7 Convenient Locations
41st & Madison Avenue
Brooklyn • Valley Stream
Smithtown (Suffolk County)
Massapequa Park • Scarsdale
Rego Park
CT Scan-3D Views of the Jaw now available at our Madison Ave. location.
FREE CONSULTATION
Must bring in ad at the time of consultation.
Over 2,000 implants placed each year.
mention you saw us in Metro
CALL 212-269-9500 TODAY!
Se Habla Español
www.CDImplants.com
OPEN 7 DAYS A WEEK

Horoscope

♑ Capricorn | Dec. 22-Jan 20. You'll have many professional opportunities today. Deals can be settled, but be very careful when they involve loved ones.

♒ Aquarius | Jan. 21-Feb 18. Don't let your emotions lead you astray. Temptation is apparent, and strength of character will be required.

♓ Pisces | Feb. 19-March 20. Get organized. You may find yourself in an inflammatory situation, and if you cannot admit your mistakes, you will meet with roadblocks.

♈ Aries | March 21-April 20. Your emotions will be close to the surface, especially if you are goaded into a heated discussion. You must avoid saying the wrong thing.

♉ Taurus | April 21-May 21. You will have the discipline to get things done, but you will also attract a person who is more of a hindrance than a help. Don't expect others to lend a hand.

♊ Gemini | May 22-June 20. Today, you can find the momentum to get stalled projects up and running again.

♋ Cancer | June 21-July 22. Don't let anyone give you a hard time about work. You will be very serious in your endeavors.

♌ Leo | July 23-Aug. 22. Do everything you can to promote your talents. You have much to offer, and today is the perfect time to take center stage. Love is likely on your mind, but don't let it distract you.

♍ Virgo | Aug. 23-Sept. 22. A trip or a conference you attend will expand your knowledge base. You will make changes to the way you communicate.

♎ Libra | Sept. 23-Oct. 22. Someone you least suspect may turn on you. Deal with loved ones delicately, or they may react with vitriol.

♏ Scorpio | Oct. 23-Nov. 21. Issues with your partner may cause confusion, but if you refuse to be drawn in, it will pass. Concentrate on artistic or mentally challenging work.

♐ Sagittarius | Nov. 22-Dec. 21. Now is the time to implement professional changes. Take action where your work is concerned so that you can make progress. BERNICE BEDE OSOL

Sudoku: Easy and hard

	3				2		6	
8		6		7	9	2	4	
9						1	7	
		4			6			
			8	3	1			
			7			3		
	5	9						4
	6	3	1	4		5		2
	2		3				1	

			8				5	
			9		5	3		7
2		7			6	8		
	2	5			7			
9			2	5	4			3
			6			5	2	
		2	7			9		1
8		9	1		2			
	4				9			

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

Who judges the judges?

Re: 'Who needs enemies when you have the government?' (Metro, Jan. 2) Letter writer Janice Amato is afraid the American government wants to "destroy what America stands for" because of the collection of meta data by the NSA that tracks patterns of phone usage. That's Janice's opinion and it's certainly a popular one, bridging libertarians with the progressive far left.

However, her suggestion to jail a federal judge for ruling in favor of the NSA completely destroys what "America stands for." We are a nation of laws and if NSA spying violates the Constitution, the Supreme Court will determine that. Self-governance is what America stands for and if this judge made a wrong decision, it will be overturned and if his decision was correct, should we jail the five to nine Supreme Court justices who ruled in favor of the NSA?
KEVIN METZ, VIA EMAIL

Minority voices must be heard

Re: 'Those who obey the law have no fear' (Metro, Jan. 3) Letter writer John Francis Fox forgets history too easily. Ethnic, political and religious minorities across the ages — be they blacks in the old Confederacy, Christians in modern China, Occupy Wall Street here in the city and so on — were and are law-abiding citizens who suffer harassment, arrest and prosecution for the "crime" of their beliefs or simply who they are. Any judge calling such behavior legal, never mind a citizen who blindly parrots this or stands by in silence, makes a mockery of their office and the very principles this country was founded upon.
JOSEPH CONNELL, VIA EMAIL

letters@metro.us

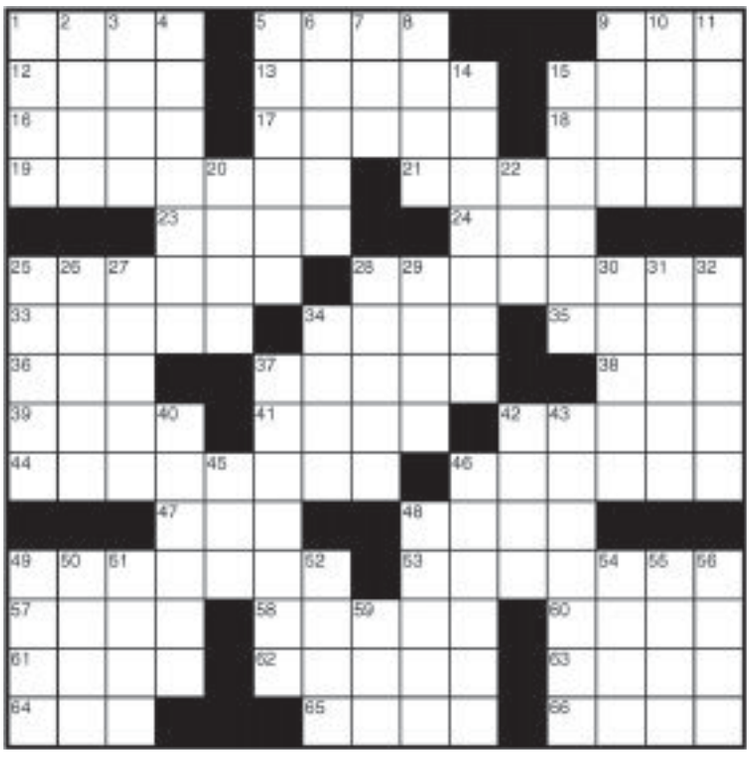
Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Crossword

Across
1 Goody-goody
5 Ties up the phone
9 Sound of deep thought
12 Met role
13 Hodgepodges
15 Tree trunk
16 Cato's highway
17 Very very
18 Kinks' tune
19 Schedule again
21 Broke loose
23 Very pale
24 Term of endearment
25 Rights a wrong
28 Roofed with straw
33 Bamboo muncher
34 Quarry
35 — Krishna
36 Green card org.
37 Pseudonym of sorts
38 Square-dance partner
39 No, to Ivan
41 Take-charge type
42 Luau
44 Entrances
46 Art categories
47 Hack off
48 Insult wittily
49 Stuffed
53 Evening-gown fabric
57 Helm position
58 Spiral-horned antelope
60 Devers of track
61 One-name entertainer
62 Bright star in Orion
63 "Como — usted?"
64 Puppy noise
65 Smooth the way
66 Climb up a pole

Down
1 Au — (nanny)
2 Ceremony
3 "Et tu" time
4 Flower chain
5 Kids
6 Dumpster locale
7 Baby beaver
8 Tender
9 Ear dangler
10 Marseilles Ms.
11 Honey wine
14 Struts
15 Quickly boil
20 On board ship
22 Collapsible bed
25 Mocking
26 Roberts of "Charlie's Angels"
27 Beginning
28 Gives it a go
29 Get an earful
30 Comic-strip Viking
31 Remove chalk
32 Shoulder muscles
34 Clever ruse
37 Plug add-on
40 Money handler
42 — shui
43 Holds one's interest
45 Misfortune
46 Encompass
48 Territories
49 Slightly improper
50 Grades 1-12
51 Tweet
52 Mr. Wiesel
54 Punning poet
55 Rigatoni kin
56 Shepard or Greenspan
59 Turkish honorific

Weekend's answer



metro **As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries.** • • **Metro New York** 120 Broadway, New York, NY 10271 • **main** 212-457-7790 • **to advertise** 212-457-7735 • **sales fax:** 212-952-1505 • **National and Executive Sales Director** Ed Abrams • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** advertising@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Managing Editor, Gossip Editor** Dorothy Robinson, dorothy.robinson@metro.us • **National News Editor** Jill Gadsby, jill.gadsby@metro.us • **City Editor** Allen Houston, allen.houston@metro.us • **Sports Editor** Mark Osborne, mark.osborne@metro.us • **Features Editor, Music Editor** Pat Healy, pat.healy@metro.us • **Deputy Features Editor, Home/Style/Food Editor** Tina Chadha, tina.chadha@metro.us • **Entertainment Editor** Alexandra Cavallo, alexandra.cavallo@metro.us • **Film/Tech Editor** Matt Prigge, matt.prigge@metro.us • **Wellbeing/Travel Editor** Meredith Engel, meredith.engel@metro.us • **Careers/Education/Dating Editor** Julia Furlan, julia.furlan@metro.us • **Copy Chief** Tracie Michelle Murphy, tmichelle.murphy@metro.us

3 SPORTS

Watch online

Find video and recap of last night's Knicks-Mavericks game at: Metro.us/sports.

Chargers upset Bengals, Niners win on late rally

NFL. Both road teams won in harsh environments, with the Niners hitting a late field goal.

Colin Kaepernick managed to stay warm enough to throw for 227 yards and a score. / GETTY IMAGES

It was a day for the road teams on wild-card Sunday.

The second half of wild-card weekend broke out with an upset in the opener and a wild win in the finale.

Chargers 27, Bengals 10
San Diego may have just snuck into the playoffs, but they had no problem upsetting the seven-point favorite Bengals on the road. Philip Rivers played an error-free game, while his counterpart Andy Dalton threw two interceptions and lost a fumble. Ronnie Brown, Danny Woodhead and Ryan Mathews all had at least 50 yards rushing for the Chargers.

49ers 23, Packers 20
San Francisco rallied for a walk-off win in Lambeau Field, where the wind chill hovered around minus-10 all game. Phil Dawson kicked a 33-yard game-winning field goal as the clock ran out to send the Niners to the next round. The Packers had tied the game at 20-20 on a field goal with 5:06 left.

MARK OSBORNE
mark.osborne@metro.us

Divisional round

Next weekend's games:

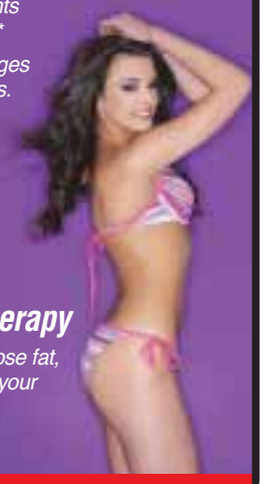
- **Saints at Seahawks**
  Jan. 11, 4:35 p.m., FOX
  The road just gets tougher for Drew Brees and co.
- **Colts at Patriots**
  Jan. 11, 8:15 p.m., CBS
  Andrew Luck will be welcomed to real postseason play.
- **49ers at Panthers**
  Jan. 12, 1:05 p.m., FOX
  Colin Kaepernick and Cam Newton meet in a battle of option QBs.
- **Chargers at Broncos**
  Jan. 12, 4:40 p.m., CBS
  The Chargers already won at Denver, 27-20, in Week 15.

SEX FOR LIFE®

Erectile Dysfunction
Personalized treatments that are 98% effective.*
Works for men of all ages and medical conditions.

Premature Ejaculation
Gain Control and Last Longer!

Testosterone Therapy
Enhance your libido, lose fat, gain muscle, improve your mood and energy.



Guaranteed Results
If we can't help, you pay nothing!

CALL TODAY for your confidential appointment!

BOSTON® MEDICAL GROUP
The Men's Clinic | Since 1998

*Results May Vary.

877-669-8262 BostonMedicalGroup.com 22 Locations

Watkins gone

Clemson's Watkins to enter draft

Clemson wide receiver Sammy Watkins said Sunday he will enter the 2014 NFL Draft. And if speculation is true, the Jets should be very happy.

The Jets have said they intend to improve on offense in the draft, and Watkins could be a first-round target. The three-time First Team All American took the Orange Bowl MVP title last week after securing 16 catches for 227 yards and two touchdowns. METRO

Hundley back

UCLA QB Hundley will return

UCLA QB Brett Hundley, one of the top projected signal callers in the draft, will return to school next season, according to multiple reports. METRO

NBA. Anthony laughs off rumors of Griffin swap with Clippers

Carmelo Anthony got a chance to address this weekend's swirling trade rumors for the first time before Sunday's game in Dallas. And he isn't planning on heading to the West Coast anytime soon.

ESPN reported Friday night the Knicks and Clippers had "internal discussions" about trading Blake Griffin for Anthony. The report was dismissed on all fronts Sunday.

"Me and [Clippers point guard] Chris [Paul] have been rumored to play together since he came into the NBA," Anthony told reporters after yesterday's shootaround. "There were always trade rumors to try to get us together. It never happens."

While Anthony was good-natured in his dismissal of the rumors, Clippers head coach Doc Rivers was much more hostile on Saturday.

"It's just stupid," Rivers said of the ESPN report. "My whole issue with any of that crap — that network, to me, reports a story they created."

Anthony, 29, would be a free agent after the season if he does not choose to exercise his $23.5 million player option with the Knicks.

But reports by the Daily News indicate the Knicks, and specifically owner Jim Dolan, want to re-sign the 11-year veteran.

Anthony has played well in the two games since returning from an ankle injury on Jan. 2. He had 27 points and 12 rebounds in that surprise win over the Spurs and 25 points and eight rebounds in a two-point loss to the Rockets on Friday. He is now averaging 26.2 points and 8.9 rebounds per game.

The 24-year-old Griffin, in his fourth season in the league, is averaging 22 points and 10.5 rebounds per game this season. MARK OSBORNE

Speculation continues to surround Anthony's future.
GETTY IMAGES

Streaking

The Nets host the Hawks tonight (7:30 p.m., YES), riding just the second winning streak they've had all season.

- Head coach Jason Kidd has also gone sans necktie in both wins. "Do you believe that [superstition]? I don't know. We'll see," Kidd said Sunday. "But you can believe I won't wear a tie tomorrow."

Legal and Professional Services DIRECTORY

To place an ad call Johan Svennerholm at 212-457-7823 or email johan.svennerholm@metro.us

ABSOLUTE DIVORCE

Hablamos Español

FREE Consultation

starting at $229 + court fees

212-504-2985

80 Broad St., 5th Floor, NY, NY 10004

www.absolutedivorceinc.com

Must bring in ad Expires 2/28/2014.

BANKRUPTCY

Are You In Debt?
Looking for a New Financial Start?
Looking for a Bankruptcy Attorney?

Want an Attorney Who Will Provide Friendly, Caring, Personal Service at a Low Price? Then Call

Jay Simon • 718.222.4619

32 Court Street, Suite 805, Brooklyn

Bankruptcy Only, Chapter 7 Specialist, Low Fee, One Set Fee, Installments, Personalized Attention, Free Consultation

Service • Savings • Satisfaction • Simon!

FIRED?

212-286-1425

OWED OVERTIME?

LAW OFFICE OF WILLIAM C. RAND

488 Madison Ave., Suite 1100, New York, N.Y. 10022

DIRECTORY

Medical Research

To place an ad call Andrea Paz at 212-457-7831 or email andrea.paz@metro.us

HEALTHY CRACK/ COCAINE USER?

Healthy cocaine users (ages 21-50) needed for 5 week inpatient studies evaluating drug effects and medications at the New York State Psychiatric Institute. Includes brain imaging studies. Earn $2265 - $2580, depending on length of study.

Call (212) 543-4328

INJURED?

Need a Lawyer?

Call Now: 212-571-9200

FREE CONSULTATION • NO WIN NO FEE

*Available 24/7 • $76 million in Claims 98% WIN RATE!

www.Fight4Injury.com • Feiner & Lavy, P.C. Attorneys at law

325 Broadway, NY NY 10007

Español עברית العربية

Attorney Advertisement

SEARCH IT. FIND IT. BUY IT.

metroclassifieds

BANKRUPTCY

917-783-0906 • $795+ Court Fees

Free Consultation

"I can help you get a fresh start"

Convenient evening appointments in Manhattan

Flushing (QNS): 136-17 39th Ave., 3rd Fl, Flushing

Manhattan: 116 West 23rd Street, 5th floor

Debt relief agency. We help people file for bankruptcy relief under the bankruptcy code.

Howard S. Warner, Attorney

Evening and Sat appts available

Do you lose control over your eating?

Mount Sinai

Mount Sinai is conducting a confidential research study analyzing the effects of different treatment methods on binge eating.

ELIGIBLE PARTICIPANTS:

- Male or Female
- Ages 18 to 55
- Experience Binge Eating

WHAT YOU'LL GET FOR PARTICIPATION:

- 8 study treatment sessions over the course of 9 months
- Potential for up to $180

Participation is completely confidential.

Please CALL: (212)659-8724

MSSM IRB Approved through: 2/4/14

Do you suffer from Cervical Dystonia?

THIS NATIONWIDE STUDY IS BEING CONDUCTED TO INVESTIGATE A NEW DOSE OF AN FDA APPROVED BOTULINUM NEUROTOXIN.

If you meet the following criteria, you may be eligible to participate in this study:

- Have you been clinically diagnosed with Cervical Dystonia?
- Are you at least 18 years of age or older?
- If you have been recently treated with a botulinum neurotoxin, has it been or is it getting close to 12 weeks since your last treatment?

Please Contact Us Today

Call today for a free consultation to see if you qualify for this study ►►►

Dr. Winona Tse, MD
5 East 98th Street, Box 1637
New York, NY 10029-6574
212-241-2477

Free one on one counseling

RESEARCH STUDY

Have you suffered a trauma?
Do you use alcohol or drugs to cope?

AN OPPORTUNITY TO RECEIVE COMPENSATION

RESEARCH TREATMENT STUDY AT THE CITY COLLEGE OF NEW YORK. INDIVIDUAL THERAPY SESSIONS. SUPPORTIVE AND CONFIDENTIAL ENVIRONMENT.

212-650-5177

The City University Of New York
138th & Amsterdam

Spa & Massage Directory

To place an ad call Mark Bonanni at 212.457.7754 or email MARK.BONANNI@METRO.US

metro

Men 4 men Body work

Grand Opening

Near Penn Station
216 B West 30th Street
212.933.0085
Main Floor (between 7 & 8th Ave)

metroclassifieds

in print & online

TO PLACE AN AD:
866-900-9473
CLASSIFED.METRO.US
NEWYORK@CLASSIFIEDS@METRO.US

CLASSIFIED AD DEADLINE:
5PM TWO (2) BUSINESS DAYS BEFORE PUBLICATION

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

Legal Notices

Notice of Formation of KS NY II LLC Art of Org. filed with Secy of State of New York (SSNY) on 11/22/2013. Office location: New York County. SSNY designated as agent of the LLC upon whom process may be served. SSNY shall mail a copy of process to: The LLC, 247 West 30th Street, New York, NY 10001. Purpose: to engage in any lawful act or activity.

NOTICE IS HEREBY GIVEN that a license, Serial # 1275618 for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 344 E 6th Street, New York, NY 10003, New York County for on premise consumption. Figaro Villaggio Inc.

NOTICE IS HEREBY GIVEN that a license, Serial # 1275492 for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 86 Mulberry Street, New York, NY 10013, New York County for on premise consumption. Vietnam Mess Kitchen Inc.

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Thursday, January 15, 2014 at 2:00 p.m. at 66 John Street, 11th floor, on a petition from MXCO Cafe to continue to, to maintain, and operate an unenclosed sidewalk café at 1491 Second Ave. in the Borough of Manhattan for a term of two years.

REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Thursday, January 15, 2014 at 2:00 p.m. at 66 John Street, 11th floor, on a petition from 243 DeKalb Ave. Rest. Corp.to continue to, to maintain, and operate an unenclosed sidewalk café at 243 DeKalb Avenue. in the Borough of Brooklyn for a term of two years.

REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

Legal Notices

NOTICE IS HEREBY GIVEN that a license, Serial # 1275614 for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 327 2nd Avenue, New York, NY 10003, New York County for on premise consumption. Mezcla Restaurant Inc.

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, January 15, 2014 at 2:00 p.m. at 66 John Street, 11th floor, on a petition from Mill Korean Restaurant Inc to establish, maintain, and operate an unenclosed sidewalk café at 2895 Broadway in the Borough of Manhattan for a term of two years. REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

Jobs

Sales / Marketing

Sales/Sales Mgmt Openings! Direct Sales on behalf of Verizon FIOS. Seek energetic, professional go-getters as well as seasoned, sales professionals Multiple campaigns / regions open. **Call 877-515-4189**

TV / Film / Musicians

Actors/Models/Dancers/Extras All ages/All types NEEDED!!! For film/TV/print/comm/catalog/runway. NO EXP NEC. All sizes welcomed! Call (646) 807.7402

General Help Wanted

Ashmatt Employment Agency
Many Job Openings
Factories, Restaurants, Deli
Sales, Cashiers, Domestics and more
(718) 478-5690
Fee

TELMKTRS F/T EXP ONLY!
MADE YOU LOOK!!!
Now All You Have To Do is
Call. Salary + Comm. +
Bonus = $8.-$12/Hr.
David (212) 563-7500

Lobby Attendants/ Receptionists Morns/ Overnight Shifts. Benefits +Union 401K Pays up to $20.45/Hr. **Call 347-351-6447**

Activist Jobs!
Campaign to: -Keep Birth Control Affordable -Defend a Woman's Right to Choose -Protect Reproductive Rights $12-$16/hr FT/PT/Career
Call Janet at **(212) 219-1502**

metroclassifieds
TO PLACE AN AD CALL **866-900-9473**
OR VISIT US AT www.metro.us

Jobs

Customer Service

Customer Service

CUSTOMER SERVICE POSITIONS AVAILABLE NOW
• No exp. necessary • Great pay
• Training provided • Close to public trans.
For an interview please call 917-310-2511

Healthcare

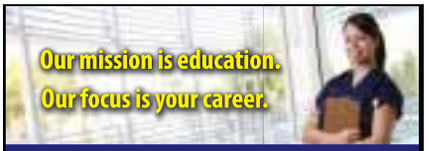
Healthcare

Comp. Networking(A+,MCSE,CCNA)
Comp. Programming (C++,.Net,QA)
Medical Assistant
ESL (Free.. If you Qualify)

Nurse Aide (CNA)
EKG & Phlebotomy
Patient Care tech (PCT)
Dental Assistant
Pharmay Tech. (PhT)
MS Office / CPR

Call: 866-487-5432
Access Careers, Brooklyn
www.AccessCareers.Edu
Close to 2, 3, A, C, G, R, Q, N, E, F, Train at Hoyt St
Financial Aid if qualify *Licensed by NYSED*

Career Training



BRAMSON ORT COLLEGE www.BramsonORT.edu

Spring 2014 Registration is in Progress!

- Financial Aid For Qualified Students
- Day, Evening, & Sunday Classes
- Exam Prep & Free Tutoring
- Affordable Tuition
- Small Class Size
- Career Internships
- Job Placement Services
- Modern Labs
- Veterans are Welcome

REGISTER TODAY

OPEN HOUSE EVERY WEDNESDAY!

• Accounting, Business, & Paralegal
• Medical Assistant, Billing & Coding, Pharmacy Technician
• Information Technology, HVAC & CADD
• Computer Programming, Electronics Technology
• Graphic & Web Design, Game Design and More!

Queens Brooklyn (866) 644-2925

THE BRAMSON ORT PROGRAMS GAINFUL EMPLOYMENT DISCLOSURES ARE POSTED ON WWW.BRAMSONORT.EDU

Call and receive a Career Guide
brought to you by Sanford-Brown and Careerbuilder! Read about: -Job Searching in a Recession -5 Ways to Get Better Pay -Want Job Security? Work on your education and more! Call now, to get your copy!
877-871-6444
Sanford-Brown Institute • New York, NY • Garden, City Licensed by the New York, State Education Department Programs vary by campus
sanfordbrown.edu

Afraid of NEEDLES???
But still want to be a part of the healthcare field, working behind the scenes? Consider training in Medical Billing! Call now to get started!
877-818-6444
Sanford-Brown Institute, New York, NY • Garden, City Licensed by the New York, State Education Department Programs vary by campus
sanfordbrown.edu

Career Training

NEEDED: People to train in Non-invasive CARDIOVASCULAR TECHNOLOGY!
Train in this exciting field and you could help save lives!
Call now to get started!
877-817-5444
New York, NY • Garden City, NY
Licensed by the New York, State Education Department
Programs vary by campus,
sanfordbrown.edu

Tired of your Job?
Want to pursue a new a career?? Not sure where to start???
With training in Medical Assisting, you too can start a new chapter in your life! Degree program available!
Call now to get started!
877-839-5444
SBI Campus – an affiliate of Sanford-Brown - Melville Melville, NY
sbmelville.edu

Want to make a change in your life? Interested in healthcare?
We offer hands-on training in a variety of healthcare fields. • Classes starting soon!
START TODAY!
888-806-6333
SBI Campus – an affiliate of Sanford-Brown - Melville Melville, NY
sbmelville.edu

Services

Psychic

SERIGNE
917-679-1518
Spiritual Reader & Coach bring back loved one, stopped infidelity in Relationship, marriage, fixed Domestic, issues, iob,success in business, court case, removed bad luck, witchcraft, black magic. Stop enemy & offer protection.
FAST RESULTS
www.spiritualrestore.com

Indian Astrologer Pandit: YOGANANDA

646-664-7058
An Expert Astrologer tells Past, Present, & Future. Provide Solutions for issues like Love, Health, Depression, Job, Family, court, etc. 100% Removal of Black Magic, Jadoo, Vodoo, Evil Spirits, & Bad Luck by special Poojas & Worships.
DONT WAIT! CALL TODAY!!! GUARANTEED SOLUTIONS
104-12 115TH STREET
Richmond Hill NY, 11419

SHEIKH SALEEM
917.254.6647
MYSTICAL AFRICAN MEDIUM & SPIRITUALIST SOLVES ALL YOUR ISSUES, LOVE SPECIALIST, REUNITE LOVERS, BUSINESS, JOB, COURT, LUCK, BLACK MAGIC, PROTECTION, IMPOTENCY, IMMIGRATION, ETC. ENGLISH AND FRENCH SPEAKING.
QUICK RESULTS
www.africanmedium.com

Services

Psychic

Mr SHAMAN
SPIRITUAL HEALER
CALL NOW
(347) 4745886

Natural born Psychic and spiritual healer

Are you suffering for love? are you tired of calling and never get a call back from that special person you love? is your love one ignoring you or neglecting you? Stop suffering call me now
-------347 474 5886 -------

CLIENT TESTIMONIAL:
My name is Maya, I've been married for 3 years, and my husband left me 8 months ago, he just said he had stop loving me, I went to Mr Shaman and he discovered that his mother had paid to put black magic on us to break us apart, Mr Shaman show me what they where doing, after that he removed that VOODOO and the very next day my husband was back in the house with me, Thanks Mr Shaman for your help.

I HELP WITH :
Luck and money problems clean black magic spells get protection from enemies Court and legal problems REMOVE EVIL SPELLS from homes, business or persons **-------Guaranteed Results------**
****CALL NOW 347 474 5886 ****
www.amazonianshaman.com
Consultations in Manhattan and New Jersey

KADIR
SPIRITUALIST AND MARABOU

Want solutions for all your problems? Heals the body, stops witches, defeats enemies, and offer powerful protection. Do you have problems with relationships, family, property, court, or immigration cases?
718-213-9945

Shiva Astrology Centre
PANDIT: VINYAKA SAAHU
917-378-1436
347-543-2200
HAVE YOU BEEN DISAPPOINTED BY MANY ASTROLOGERS. It's RIGHT TIME TO TAKE RIGHT DECISION. We rectify your problem & Gives Right Solution for Curse, Black Magic, Jadoo, Voodoo, Obeya Depression, Business, Love, Health, Husband-Wife Relationship Jealousy Etc. THERE IS SOLUTION FOR ALL PROBLEMS... ARISE, AWAKE & CALL TODAY
165th St. Jamaica Ave., NY 11432

Psychic

International Clairvoyant & Spiritual Healer
MR. MADDY
917.754.8216
347.621.7777
Problem with love life, marriage, Relationship, bad luck,Business, stress, Court cases, black magic, Career, Sexual Depression etc. PRIVATE AND CONFIDENTIAL 100% GUARANTEED. DONT SUFFER IN SILENCE

Durgamata Astrology
PANDIT LAKSHMI NARAYAN

646-258-1425
Specialist in Removing Black Magic, Generation Curses, Black Hearts, Voodoo, Jadoo, Butu, Witchcraft, Obeya & Bad Luck. Provides Solutions for problems like Health, Depression, Work, Court, Jealousy. Kids, Job, Finance, Etc., Results Guaranteed.
117-13 LIBERTY AVE.
RICHMOND HILL, NY 11419

Indian Astrologer Pandit: KALBHAIRAV BABAJI
347-984-6290
ARE YOU SUFFERING FROM ANY OF FOLLOWING PROBLEMS? Specialists in Removing Black Magic, Generation curses, Black Hears, Voodoo& Jadoo An Expert Pandit solves all problems related with Business, Job, Love, Depression, Money, Enemy, Jealousy, court, Etc. Guaranteed Solutions
104-42 LEFFERTS BLVD.
LIBERTY AVE.
RICHMOND HILL, NY 11419
(Inside Private House)

Miscellaneous

REDUCE YOUR CABLE BILL!
Get an All-Digital Satellite System installed for FREE and programming starting at $19.99/mo. FREE HD/DVR upgrade for new callers,
SO CALL NOW
877-356-0526

Phone Services

metro classifieds

in print & online

TO PLACE AN AD:
866-900-9473
CLASSIFED.METRO.US
NEWYORKCLASSIFIEDS@METRO.US

CLASSIFIED AD DEADLINE:
5PM TWO (2) BUSINESS DAYS BEFORE PUBLICATION

Services

Careers

Careers

HIGH SCHOOL DIPLOMA FROM HOME
6-8 weeks accredited
Get a Diploma! Get a Job!
No computer needed!!
Call 24/7 for free brochure
1-800-264-8330
www.diplomafromhome.com
Benjamin Franklin High School

metro classifieds
to place an ad call
866 900 9473
or visit us at www.metro.us

Real Estate/Sale

Homes

Homes

PUBLISHERS NOTE
All real estate advertising herein is subject to the Federal Fair Housing Act of 1968 and state and local fair housing laws. The Fair Housing Act makes its illegal to advertise any preference, limitations or discrimination on the basis of race, color, religion, sex, handicap, familial status, or national origin or an intention to make any such preference, limitation or discrimination. State or local laws may make unlawful advertising that discriminates on the basis of age, marital status, or sexual orientation. Metro US will not knowingly accept any advertising for real estate which violates the law. The law requires that all dwellings advertised are available on an equal opportunity basis. If you have any questions regarding housing discrimination, call the Long Island Housing Services at 1(800) 660-6920 in Long Island or the Anti-Discrimination Center at (212) 346-7600 in New York City. To file a complaint call HUD toll-free at (800) 669-9777 or the New York City Commission on Human Rights at (212) 306-7500

NOTICE TO THE PUBLIC

AFFORDABLE HOME PROGRAM
START WITH AS LITTLE AS
$1,000

GOOD CREDIT, BAD CREDIT, NO CREDIT
ALL CASES PROCESSED
CALL NOW FOR FREE REGISTRATION
MANY HOMES ARE FULLY RENOVATED
BROOKLYN,QUEENS,BRONX,
WESTCHESTER AND LONG ISLAND
3.5% TOTAL DOWNPAYMENT NEEDED

Affordable Home Program LLC
NYS. Licensed Real Estate Brokers
116-16 Queens Blvd Suite 202,
Forest Hills, NY 11375
(718) 544-1200

Real Estate/Rent

Apartments

Bronx 1 Bed Apt Starting at $975/mo. Trans nearby. Call 212-752-2670 or 718-644-4098 after 5pm & Saturday's.

Rooms

ALL MANHATTAN/BRONX

Furnished Rooms For Rent! Cable/Internet Ready! Move In today! All Utilities Inc. Starting Just $125/wk!
Call Us Now: (212)368-2685

100's Available, All Boroughs

Private Entry Bath Cooking
1 Person/2 Person $125wk/up
room rentals 212-697-3962

Affordable Furnished Rooms in Manhattan

Utilities Included
Same Day Move In
Cable, TV, Internet
No Credit Check
$125 per week
Call 212-862-0457

SEARCH IT.
FIND IT.
BUY IT.
metro classifieds

WHAT TOOK YOU A LIFETIME
TO LEARN CAN BE LOST IN MINUTES.

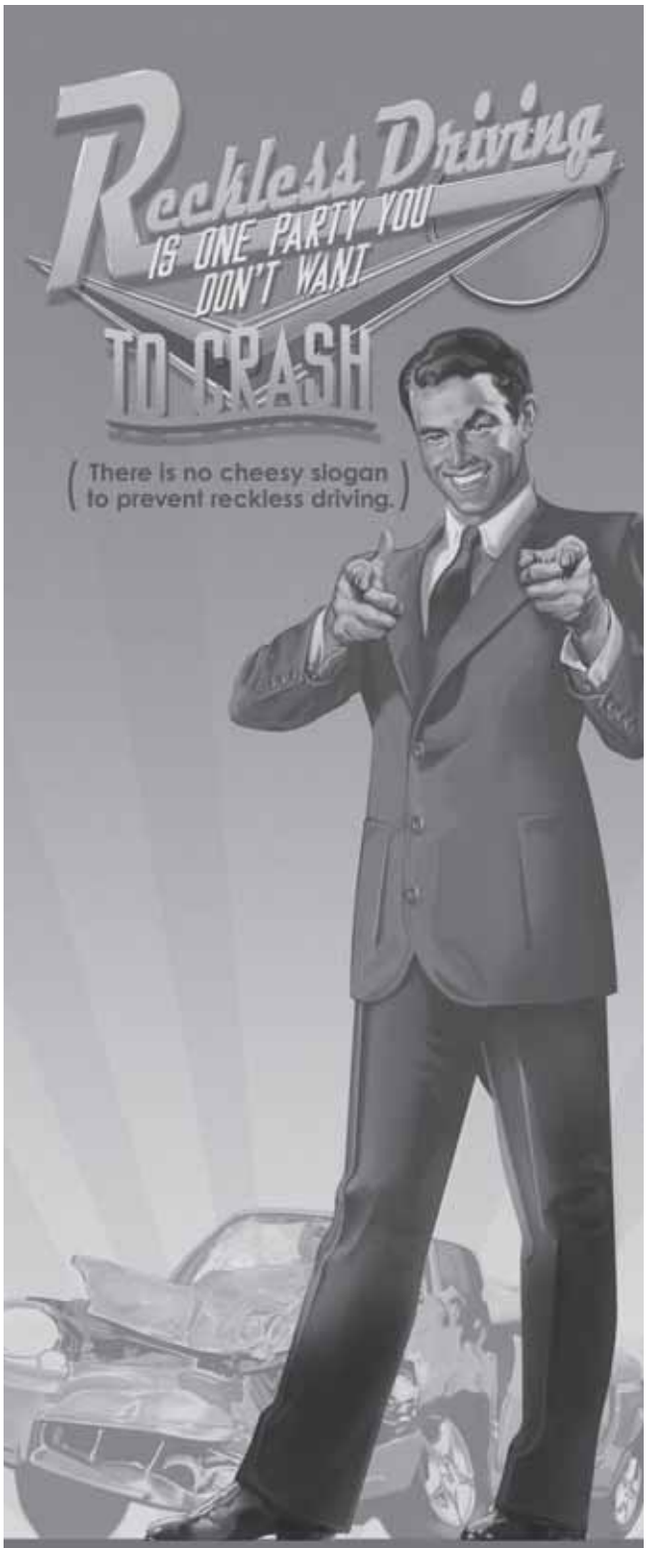
WITH A STROKE, TIME LOST IS BRAIN LOST.

Learn the warning signs at
StrokeAssociation.org or **1-888-4-STROKE**

Ad Council

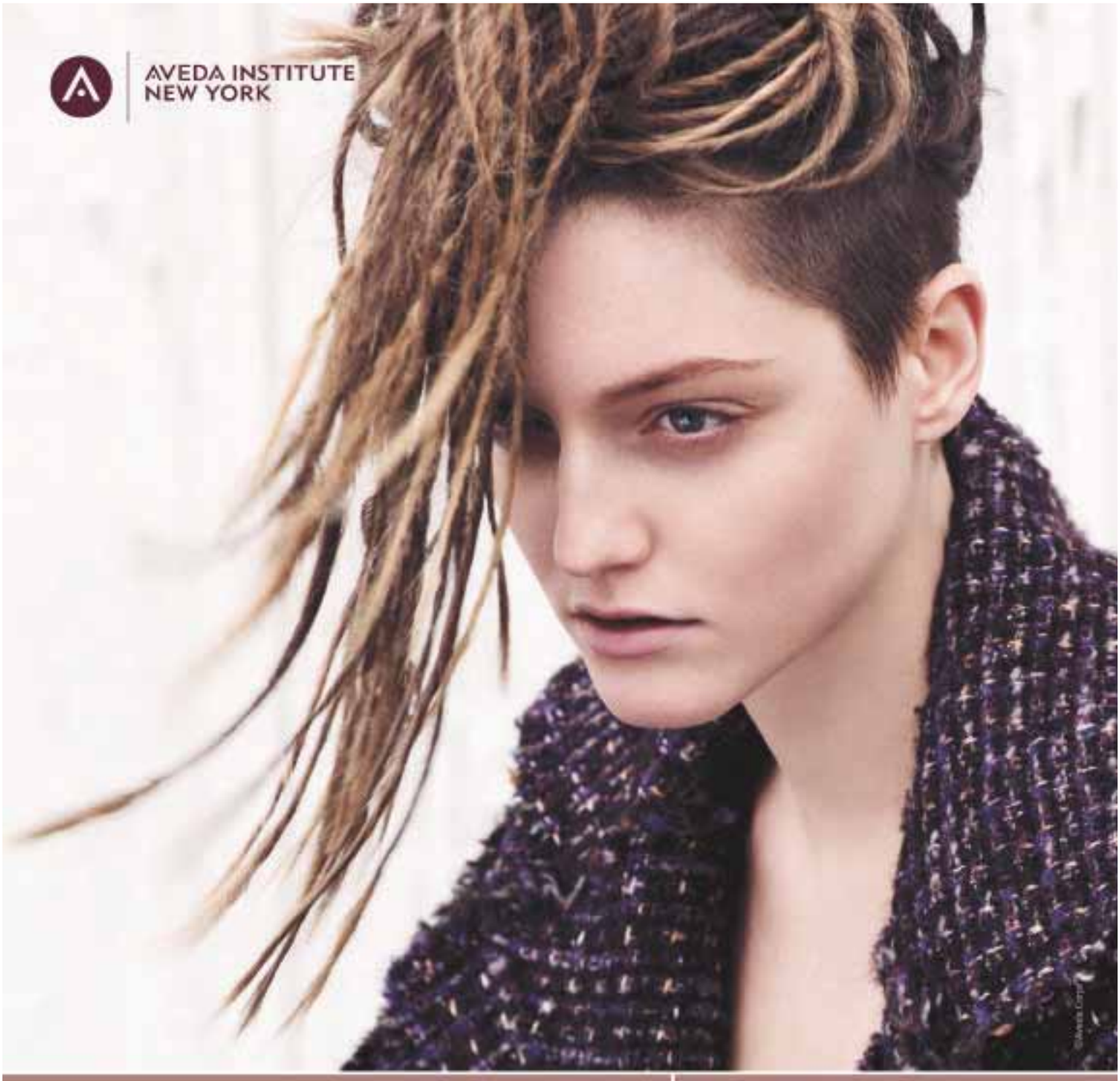
American Stroke Association
A Division of American Heart Association

©2004 American Heart Association
Made possible in part by a genereous grant from The Bugher Foundation



There is no spokesperson with a catchy phrase to remind the driver to slow down, stop eating, quit messing with the radio or pay attention to the road.
There's Only You. Speak Up.

Ad Council SPEAK-UP URtheSpokesperson.com



DO WHAT YOU LOVE

Be a Hair Stylist | Hair Colorist | Skin Care Specialist
Makeup Artist | Aveda Salon Owner | Editorial Artist

Classes in cosmetology and esthiology forming soon.
Financial aid available for those who qualify.

Visit aveda.edu/ny or call **212.367.0346** for a tour
233 Spring Street | New York, New York

PLEASE JOIN US AT THE AVEDA INSTITUTE NEW YORK OPEN HOUSE

Tuesday, January 7 at 6pm

- Light fare
- Complimentary chair massages and hand treatments
- Program details including schedules, curriculum, investment and financial aid options
- Aveda product gift basket drawing

The Aveda Institute New York, licensed by the state of NY, NY State Education Department, is located near the A, C, E, 1 and 2 lines as well as the West 4th Street Station.

Limited spots available. Reserve yours today.

metro®
NEW YORK • Monday, January 6, 2014

MoMA

MAGRITTE:
THE MYSTERY OF THE ORDINARY 1926–1938

FINAL WEEK!
CLOSES JAN 12

THE MUSEUM OF MODERN ART
11 WEST 53 STREET
NEW YORK, NY 10019
(212) 708-9400
MoMA.ORG

MOMA

ISAAC JULIEN:
TEN THOUSAND
WAVES
NOW ON VIEW

Major support for *Ten Thousand Waves* is provided by Leila and Mickey Straus.

Isaac Julien, *Ten Thousand Waves* (single-screen version), 2010. 35 mm, video (color), sound. Courtesy of the artist, Metro Pictures, New York, and Victoria Miro Gallery, London

MoMA

ISA GENZKEN:
RETROSPECTIVE
NOW ON VIEW

CÉLINE

Isa Genzken: Retrospective is made possible by Céline.

Isa Genzken, *Hospital (Ground Zero)*, 2006. Synthetic polyester plaid cut fabric, metal, cloth, plastic flowers in spray painted vase, ribbon, metal, mirror foil, glass, fiberboard, and casters. Collection Dhanin Aspire, Bangkok

MOMA

MAGRITTE: THE MYSTERY OF THE ORDINARY 1926–1938

FINAL WEEK! CLOSES JAN 12

Bank of America

Bank of America is the National Sponsor of *Magritte: The Mystery of the Ordinary, 1926–1938*.

Front page: *Le Double Secret* (*The Secret Double*), (detail), 1927. Oil on canvas. Centre Pompidou, Paris. Musée National d'Art Moderne/Centre de création industrielle. Purchase. © Charly Herscovici—ADAGP—ARS, 2013. René Magritte. Back page: René Magritte, *Le Portrait* (*The Portrait*) (detail), 1935. Oil on canvas. The Museum of Modern Art, New York. Gift of Kay Sage Tanguy. © Charly Herscovici—ADAGP—ARS, 2013